



# Wright County Child Care Newsletter

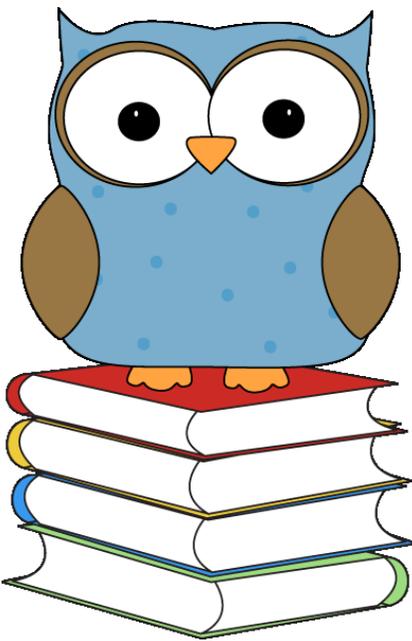
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April 2015

## Wright County Licensing Resource Library

We recently received a couple of new additions to our [Resource Library](#) compliments of the Statewide Health Improvement Program (SHIP) and Wright County Public Health. The

items in the Resource Library can be checked out by providers and used for training hours. Most of the resources and books would be counted for 2 hours of on-going training. Please contact your licensor if you are interested in checking out a resource.



### Reading Adventure Packs

Are you looking for a fun way to shake up story time?!

[Reading Adventure Packs](#), by Reading Rockets may be an easy way to add in some nonfiction books as well as some easy activities that focus on the same topic. Each Reading Adventure Pack has a theme (animals, environment, bees, etc.), lists two

books: one fiction and one nonfiction (the books were chosen based on their quality and accessibility at libraries), a creativity activity, an imagination activity, a get real activity and a printable bookmark that lists additional titles. There are a number of topics to choose from, so you are sure to find something that your kids will enjoy. You might want to request books from your local library, so you are able to pick them up and start reading!

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# Reminder of Annual Training Requirements

With the new training requirements now in place, there are a number of trainings that are required annually. Remember that annual is defined as the same month or sooner.

Providers need to closely watch their training dates in order to ensure that they are staying



current. Remember that existing providers (licensed before 7/1/14) must be current in all of the new training by 7/1/15. Providers that were licensed after 7/1/14, were required to take pre-service training and should now be taking the annual renewals of the required training.

See below for examples of training dates and due dates:

<b>TRAINING</b>	<b>DATE COMPLETED</b>	<b>ON TIME IF TAKEN BY:</b>	<b>LATE IF TAKEN ON OR AFTER: (CORRECTION ORDER WILL BE ISSUED)</b>
SUID (annual, video option every other year)	5/1/15	5/31/16	6/1/16
AHT (annual, video option every other year)	5/15/15	5/31/16	6/1/16
Active Supervision (annual)	4/12/15	4/30/16	5/1/16
Child Growth and Development and Behavior Guidance CCIV (annual)	7/1/15	7/31/16	8/1/16
CPR (every 2 years)	2/2/14	2/29/16	3/1/16
First Aid (every 2 years)	1/13/14	1/31/16	2/1/16





# UPCOMING TRAINING

## **C.A.R.S.** (Children and Restraint Systems)

Date: April 25, 2015 Time: 8:30 AM - 11:30 AM  
 Location: Wright County Health & Human Services Center  
 Address: 1004 Commercial Drive  
 Buffalo, MN 55313 Email: [Terri Burkhart](mailto:Terri.Burkhart@wrightcounty.org) (763-682-7516)  
 Cost: \$15 for Wright County residents ~ \$20 for providers outside of Wright County

To make sure there is available space in each class, you must pre-register by calling Terri Burkhart or emailing. Class fees are non-refundable unless you reschedule. A minimum of ten participants need to be registered in order to hold class. Class will be canceled one week prior to class if the minimum is not met. No admittance after class has started. Note: These trainings are approved on the MNCPD Registry.

## **SUID/AHT** (Sudden Unexpected Infant Death and Abusive Head Trauma) **Training**

Date: April 25, 2015 Time: 12:00 PM - 2:00 PM  
 Location: Wright County Health & Human Services Center  
 Address: 1004 Commercial Drive  
 Buffalo, MN 55313 Email: [Terri Burkhart](mailto:Terri.Burkhart@wrightcounty.org) (763-682-7516)  
 Cost: The total cost for both classes is \$10

Please register by calling or emailing Terri Burkhart. If you are not familiar with the training location, please ask for directions and plan extra travel time. Training does not have to be taken in the county in which you are licensed. Registration is required in order to make sure that enough materials and space are available. Payment can be made over the phone. Class fees are non-refundable unless you reschedule. A minimum of 10 participants need to be registered in order to hold class. Class will be canceled one week prior to class if the minimum is not met. There is no admittance to class after 12:05pm. Note: These trainings are approved on the MNCPD Registry.

## **SUID/AHT** (Sudden Unexpected Infant Death and Abusive Head Trauma) **Training**

Date: June 25, 2015 Time: 6:00 PM - 8:00 PM  
 Location: Wright County Health & Human Services Center  
 Address: 1004 Commercial Drive  
 Buffalo, MN 55313 Email: [Terri Burkhart](mailto:Terri.Burkhart@wrightcounty.org) (763-682-7516)  
 Cost: The total cost for both classes is \$10

Please register by calling or emailing Terri Burkhart. If you are not familiar with the training location, please ask for directions and plan extra travel time. Training does not have to be taken in the county in which you are licensed. Registration is required in order to make sure that enough materials and space are available. Payment can be made over the phone. Class fees are non-refundable unless you reschedule. A minimum of 10 participants need to be registered in order to hold class. Class will be canceled one week prior to class if the minimum is not met. There is no admittance to class after 6:05pm. Note: These trainings are approved on the MNCPD Registry.





# Manufacturer’s Instructions and the use of Bouncy Seats

Bouncy seats are practically a necessity when caring for infants in child care. They are a great way to keep children off the floor and away from the busy feet of toddlers, preschoolers and school age children. As with all equipment, providers need to make sure that bouncy seats are being used in accordance with manufacturer’s instructions. Recently we have run into a number of providers placing infants in a bouncy seat on elevated surfaces. This is extremely dangerous and cannot happen. Below is a warning label from a popular brand of bouncy seat. One of the warnings specifies that the seats should be used on the floor and NEVER on an elevated surface.

**WARNING: THIS PRODUCT SHOULD NOT REPLACE RESPONSIBLE ADULT SUPERVISION.**



- Never leave child unattended.
  - Never lift bouncer with your child in it.
  - Always use restraint system.
  - Never use for a child able to sit up unassisted.
  - Fall Hazard:
  - Child’s activity may move bouncer. Use only on floor.
- Never use on an elevated surface.**
- Suffocation Hazard:
  - Never use on a soft surface (bed, sofa, cushion), as seat may tip over and cause suffocation.
  - Do not use this infant bouncer seat if it is damaged or broken.
  - Never place child in infant bouncer seat until frame is fully locked and secured.
  - Never fold Bouncer with child in it.
  - Never use the toybar to lift and carry bouncer while baby is in it.

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## Statewide Health Improvement Program (SHIP)

Congratulations to Smallville Daycare in Otsego! Linda Gutenberg is Wright County’s first child care provider to take advantage of the Statewide Health Improvement Program (SHIP) funding opportunity in the Child Care setting. Linda developed a policy supporting Breastfeeding in the Child Care setting and used the funding to help her implement her new policy. Resource items purchased included “The Womanly Art of Breastfeeding”, “Breastfeeding Answers Made Simple” and a boppi pillow to help support babies while they are being fed.

Also at this time, 1 ECFE, 3 Preschools and 2 home-based childcares are in the process of developing or updating policies in the areas of Healthy Eating, Physical Activity and/or Supporting Breastfeeding. During the past 8 months we have had 66 providers attend the 3 IMIL trainings and 84 providers attend the 5 Supporting Breastfeeding trainings offered through the SHIP grant. In the fall we hope to continue the Supporting Breastfeeding classes and add CATCH (Coordinated Approach to Child Health) and Gardening training.

Updates from Susan DeMars, Public Health Promotion Coordinator

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## Septic Systems and Family Child Care

If your child care is outside city limits, then you most likely use a septic system for your home. A provider in a neighboring county recently had trouble with her septic system and ended up having her license suspended for a short period of time while the issue could be resolved. This prompted Wright County to do some research in order to share information with our providers and hopefully prevent the same issue here.

Wright County Planning and Zoning was kind enough to share with us the following information on septic systems:

The main issue is water use. Septic systems are designed and sized based on the number of bedrooms in the home. The number of bedrooms gives a good prediction of how much water is being used in the home. If there is an accessory use to the home that increases the amount of water being used, there is a greater likelihood that the amount of water being used will surpass the amount it was designed for. Increased water usage leads to premature septic system failure. Septic system failure means backup into the house or surfacing on the ground. This is obviously a health hazard.

A septic system for a 3-bedroom house will be sized for peak water usage of 450 gallons per day (150 gallons per bedroom). Average flow should come in at less than 75% of that. If the house is used as a daycare, the septic system for that house would need to be sized for an additional 20-25 gallons per day, per child. For example, a 3-bedroom house with a 10-child daycare facility would be sized for 650-700 gallons per day.

Unfortunately, most home day care facilities are not taken into account when designing the septic system. I suspect most daycare facilities are added after-the-fact. Therefore, it is essential that the homeowner/day care provider understand the risks of excessive water usage.

If someone is running a day care in their home, it would be a good idea to have a septic system professional evaluate the total water use of the home. Chances are, they can educate the homeowner in the areas of water conservation (if needed) or mitigate septic system failure by adding water meters, time dosing, or even adding onto the septic system.

There are probably also risks with children (or even homeowners) putting things down the toilet that they shouldn't. This, of course, is the case even without a day care facilities, but the risk probably increases with the more children you have. The epa septic system owners guide goes into more detail regarding this and other issues.

[http://www.epa.gov/owm/septic/pubs/homeowner\\_guide\\_long.pdf](http://www.epa.gov/owm/septic/pubs/homeowner_guide_long.pdf)

At this point, we don't have any requirements specific to day care providers. If you have any other questions, please let us know.

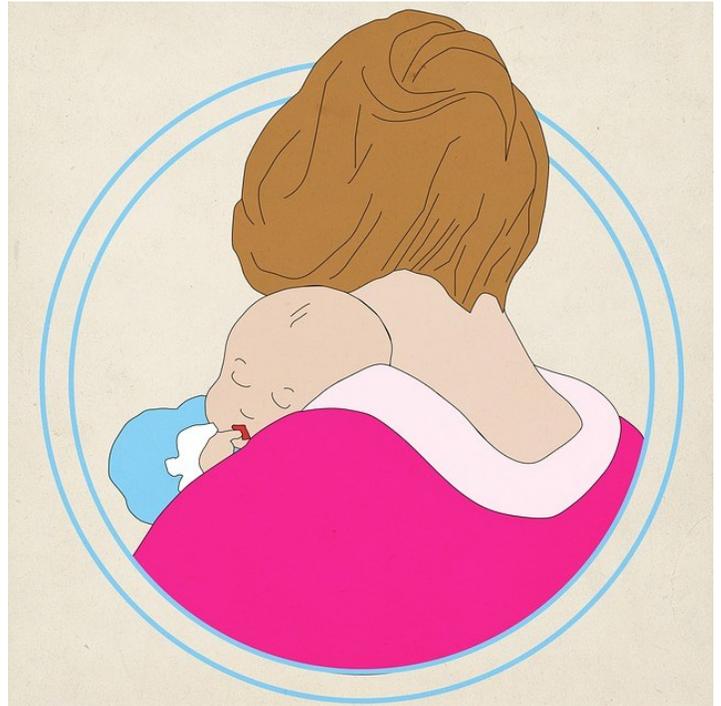
Wright County Planning and Zoning can be contacted by calling 763-682-7338

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# Can I Hold a Sleeping Baby?

The short answer is YES! Babies love to be held, and who doesn't love holding a sleeping baby?

Lately we have heard from providers that falsely believe that they are not allowed to hold babies when they sleep. Babies are required to have an approved sleep space in your child care, but that does not mean that a provider cannot hold a sleeping baby for part of their nap time. Each provider must take into consideration the needs of the other children in care when choosing to hold a sleeping baby. If you are able to supervise the rest of the children appropriately while holding the baby, you are able to continue to hold the baby. If you are not able to supervise, or if you are needed in order to aid other children in care, then you would need to place the sleeping infant in their approved sleep space so that you can tend to the rest of the children. Also remember that when holding a sleeping baby, their airway must be kept clear, with nothing over their face. Please contact your licensor with any questions.



## 9502.0415 ACTIVITIES AND EQUIPMENT

### *Subp. 5. Newborn or infant equipment.*

*The following minimum equipment is required for each infant or newborn:*

*B.a crib, portable crib, or playpen with waterproof mattress or pad which meets the requirements in part [9502.0425](#), subpart 9.*

## 245A.1435 REDUCTION OF RISK OF SUDDEN UNEXPECTED INFANT DEATH IN LICENSED PROGRAMS.

*(c) If an infant falls asleep before being placed in a crib, the license holder must move the infant to a crib as soon as practicable, and must keep the infant within sight of the license holder until the infant is placed in a crib. When an infant falls asleep while being held, the license holder must consider the supervision needs of other children in care when determining how long to hold the infant before placing the infant in a crib to sleep. The sleeping infant must not be in a position where the airway may be blocked or with anything covering the infant's face.*

