

# Wright Informer

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## Did you know?????

- December 1 is World AIDS Day
- December 4<sup>th</sup> through the 10<sup>th</sup> is National Handwashing Awareness Week





Information From

CDC's Division of

HIV/AIDS Prevention

"Scientific advances have shown that antiretroviral therapy (ART) preserves the health of people living with HIV. We also have strong evidence of the prevention effectiveness of ART. When ART results in viral suppression, defined as less than 200 copies/ml or undetectable levels, it prevents sexual HIV transmission. Across three different studies, including thousands of couples and many thousand acts of sex without a condom or pre-exposure prophylaxis (PrEP), no HIV transmissions to an HIV-negative partner were observed when the HIV-positive person was virally suppressed. **This means that people who take ART daily as prescribed and achieve and maintain an undetectable viral load have effectively no risk of sexually transmitting the virus to an HIV-negative partner.**"

<https://www.cdc.gov/hiv/library/dcl/dcl/092717.html>

prevent

# HUMAN TRAFFICKING

Current data supports that education aides in the prevention of human trafficking and sexual exploitation.

Wright County Family Planning can provide educational materials about healthy relationships and reproductive health to school districts. The goal is to prevent, combat and

end

# HUMAN TRAFFICKING

For more information please contact  
Abby at 763-684-8424

# HEALTH BENEFIT OF AN IUD

A study published in the journal *Obstetrics & Gynecology* reported that women who used an IUD were 30% less likely to get cervical cancer than those who did not use an IUD.

