

Family Child Care Newsletter

July 2022

Wright County Health & Human Services

Mission Statement

- *Strengthen*
- *Support*
- *Serve*

*our
Community...*



Welcome Summer!

Your homes are busier than ever with school age kids in care full time and all the activities, camps and sports that come with summer. We hope you are enjoying the sunshine, popsicles, flowers, water play and all the other good things about this time of year.

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Remember!

Background Studies Reminder

Background studies must be initiated on all household members aged 13 and above. It is the license holder's responsibility to initiate a study in Netstudy as soon as their child turns 13. Household members between the ages of 13-17 are not required to be fingerprinted unless they will be used as a helper, have lived outside of the MN within the last 5 years, or if there is reasonable cause. Please reach out to your licenser if you need the Netstudy instructions sent to you.

Re-licensing Reminders

Re-licensing time comes around every 2 years for most providers. You do not need to wait to hear from your licenser to prepare! All the licensing paperwork and instructions can be found on the website under the [re-licensing paperwork](#) section. It is extremely important that you have the paperwork that needs to be submitted to licensing into our office at least 30 days prior to the expiration of your license. We also must know your schedule if you plan to be closed or have varying hours leading up to your re-licensing visit. We expect that you plan to stick around home the month before your license expires as much as possible. Of course, we are not asking that you alter vacation plans or stop driving children to preschool, but we ask that you limit extra field trips that month so that we are able to fit your visit in. If the weather is nice and you want to go for a walk or head to the park, leave a note on your door letting us know. We'll give you a call if we stop during that time so that you can head back for the visit.

It is also helpful if you have all your children's files, logs, training, etc ready for us. We know that the visit can be stressful and that children tend to act up when there is a distraction so we want to be in and out in a timely manner so that you can get on with your day.

Child Care Provider Information for Minnesota's Immunization Law

Minnesota law requires that all licensed child care and early childhood program providers help make sure young children are immunized against serious diseases. A number of childhood diseases – such as measles, whooping cough (pertussis), and chickenpox (varicella) – can still spread rapidly among children who haven't received the proper shots. These diseases can cause serious illness, brain damage, and even death.

If a parent enrolls a child in your facility or program who is not appropriately immunized, you cannot admit that child until they have received the minimum shots required by law or filed a medical or non-medical exemption. Children who have not had all their shots are at risk of serious illness. They also pose a risk to the health of other children in your care.

Immunization requirements

Child care and early childhood program providers must have records on file showing that each child 2 months of age and older has been appropriately immunized against certain diseases or has a medical or non-medical exemption. These diseases include diphtheria, tetanus, pertussis, polio, measles, mumps, rubella, Hib (*Haemophilus influenzae* type b), hepatitis A and B, chickenpox (varicella), and pneumococcal disease.

Rotavirus and flu vaccines are recommended for all infants and young children, but they are not required.

Go to [Vaccines for Infants, Children, and Adolescents](http://www.health.state.mn.us/people/immunize/basics/kids.html) (www.health.state.mn.us/people/immunize/basics/kids.html) to see immunization schedules.

Documentation you must have on file at your facility or program

All parents or legal guardians of children in your care need to submit immunization documentation or a

medical or non-medical exemption. We suggest you give parents the MDH Child Care or Early Childhood Program Immunization Form found on [Vaccines for Infants, Children, and Adolescents](http://www.health.state.mn.us/people/immunize/basics/kids.html) (www.health.state.mn.us/people/immunize/basics/kids.html). These forms will help you collect all required information. Make sure parents follow all instructions on the forms including obtaining the correct signatures.

Keeping good records is important. The child care licenser from the Minnesota Department of Human Services (DHS) will review these forms during a site visit. In addition, all Rule 3 facilities must complete a "Child Care Immunization Report" by December 1 each year, which summarizes the immunization status of enrolled children. The summary report is not required for early childhood programs or "drop-in" centers.

How to keep track of shots children at your facility or program receive

The Minnesota Immunization Information Connection (MIIC) is a statewide, confidential system that stores immunization histories and helps ensure correct and timely immunizations. Minnesota child cares can use MIIC to find immunization records for children at their facilities.

- DHS Rule 2 licensed child cares can request immunization records through the MIIC Immunization Record Request Line at 651-201-3980.
- DHS Rule 3 licensed child care centers can access MIIC directly to look up immunization records. You can also use MIIC to complete your annual Child Care Immunization Report. Contact the MIIC Help Desk at 651-201-5207 for assistance or go to [MIIC and Child Care Resources](http://www.health.state.mn.us/people/immunize/miic/train/childcareres.html) (www.health.state.mn.us/people/immunize/miic/train/childcareres.html).

Tips for child care and early childhood program providers

Not only is it the law, it's also one of the most important things we can do to protect children from serious illness.

As a licensed child care or early childhood program provider, you play a key role in ensuring that the children you care for receive the life-saving protection of shots. Making sure that all students have their shots will reduce the likelihood of an outbreak occurring in your center. When outbreaks occur, children who are not immunized often have to remain out of child care for many days. Extended absences can lead to disruptions to the child's education and development.

Tips:

- Document each child's immunizations or a medical or non-medical exemption before they enroll.
- Keep track of dates when each child's shots are due so you can be sure they complete them. Give parents regular reminders, such as when children move from the infant to toddler room. MIIC, the state immunization information system, can help with this.
- Keep an immunization schedule at your center. Find one on [Vaccines for Infants, Children, and Adolescents](http://www.health.state.mn.us/people/immunize/basics/kids.html) (www.health.state.mn.us/people/immunize/basics/kids.html). Be sure to get an updated version each year because the schedule does change often.

Children who do not have documentation for all required immunizations

Children who have not received all required immunizations have 18 months from their initial enrollment date to complete them or get a medical or non-medical exemption. You should exclude a child from your facility or program if they do not have complete documentation after 18 months.

To avoid this, make sure the immunization records you have on file for each child are up to date, and regularly remind parents when shots are due.

Children who do not have to be immunized before attending child care or early childhood programs

- Children with a medical reason for not receiving a shot or who are immune to a disease must submit a signed statement from their doctor.
- Children whose parents' or legal guardians' personal beliefs prohibit them from allowing their children to receive any or all immunizations must submit a signed, notarized statement to that effect.
- Children in the following special living situations are allowed to enroll without showing immunization records because of federal policy:
 - Homeless.
 - In foster care.
 - Waiting to be placed in foster care.
 - See [Immunization Requirements for Homeless and Foster Children](http://www.health.state.mn.us/people/immunize/ed/homeless.html) (www.health.state.mn.us/people/immunize/ed/homeless.html).

For parents who are concerned about the cost of shots

Children who do not have health insurance or whose insurance does not cover the cost of vaccines can get free or low-cost shots. Get more information on [Free or Low-Cost Shots for Children](http://www.health.state.mn.us/people/immunize/basics/howpay.html) (www.health.state.mn.us/people/immunize/basics/howpay.html).

More information or materials

Visit the [MDH Immunization website](http://www.health.state.mn.us/immunize) (www.health.state.mn.us/immunize) or call your [local public health department](http://www.health.state.mn.us/communities/practice/connect/findlph.html) (www.health.state.mn.us/communities/practice/connect/findlph.html).

The requirements differ for "drop-in" child care centers. For more information, call 651-201-5503.

Immunization Program
PO Box 64975, St. Paul, MN 55164-0975
651-201-5503 or 1-800-657-3970
health.childcare@state.mn.us

To obtain this information in a different format, call: 651-201-5414. Printed on recycled paper.

Tip Sheets

Temperament

Everyone has a unique personality and temperament. This influences how they manage their interactions and how they think. Even though individuals have unique combinations of temperament traits, they can be influenced, modified, or completely changed. This happens through influences by family, experiences, and even the culture around them. The tables below explain the nine types of temperament, tips for supporting positive behavior, and the typical traits and characteristics associated with different temperaments.

Types of Temperament	Behavior Tips
Activity Level <i>How active a person is</i>	Allow children time for movement throughout the day; let an active child step away if they have the wiggles; and have a place for children to do table activities outside.
Biological Rhythms <i>The regularity of someone's body processes</i>	Have consistent times for routine activities in your schedule, but make sure to allow for flexibility.
Sensitivity <i>How people react to stimuli of the senses</i>	<p>Create spaces and activities that let children be boisterous. Set up the environment in a way that avoids interfering or overrunning quieter activities and areas.</p> <p>Be aware of the intensity of stimuli and how it affects the senses. You can change the intensity by looking for alternative materials.</p>
Insensitivity of Reaction <i>How strongly people react to situations</i>	Prepare children for meeting new people and trying new things, and stay near cautious children to offer a sense of security.
Adaptability <i>How easily someone adapts to change</i>	Inform children about upcoming changes. Be prepared to address any reluctance and to give extra time to make a smooth transition.
Persistence/Attention Span <i>How long someone is able and willing to stick to a task</i>	Offer activities that vary in length and complexity.
Distractibility <i>How easily someone is distracted</i>	Limit distractions in the environment.
Mood <i>Overall tone of a person's feelings, interactions, and behaviors</i>	Get to know what children like and use their likes to turn around or lighten their mood.

Temperament Traits	Characteristics
Active	Active, fussy, intense positive or negative reactions, irregular schedules
Easy/Flexible	Happy, calm, adaptable, easy-going, and follows a regular schedule
Slow to Warm/Cautious	Hesitant, fearful in strange situations, slow moving, won't join into new situations right away, difficulty adjusting to change

Additional Resources

CECMHC | Temperament Traits

<https://www.ecmhc.org/temperament/traits.html>

Head Start ECKLC | Temperament Traits Chart

<https://ecklc.ohs.acf.hhs.gov/mental-health/article/temperament-traits-chart>

MSU Extension | The nine traits of temperament

https://www.canr.msu.edu/news/the_nine_traits_of_temperament

Penn State Extension | Temperament – What is it? (Better Kid Care)

<https://extension.psu.edu/programs/betterkidcare/early-care/tip-pages/all/temperament-2013-what-is-it>

The Center for Parenting Education | Understanding Temperament: Activity Level

<https://centerforparentingeducation.org/library-of-articles/child-development/understanding-temperament-activity-level>

ZERO TO THREE | Temperament: Intensity of Reaction

<https://www.zerotothree.org/resources/67-temperament-intensity-of-reaction>

For more information, visit www.inclusivechildcare.org.

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www.inclusivechildcare.org