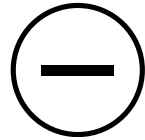


I GOT TESTED FOR COVID-19 AND...

Learn more: <https://mn.gov/covid19/for-minnesotans/if-sick/i-got-tested-now-what/index.jsp>



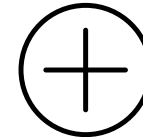
THE RESULTS CAME BACK

NEGATIVE

TAKE ACTION:

Follow the directions of your health care provider and workplace.

If you are a close contact of someone positive for COVID-19, you cannot test out of quarantine. Continue with the recommended quarantine period (14 days from last exposure).



THE RESULTS CAME BACK

POSITIVE

There may be a delay in the health department contacting you.

TAKE ACTION:

Isolate

Separate yourself from others who are not sick to avoid spreading illness.

Notify close contacts

A close contact is anyone who was within 6 feet of a person with COVID-19 for a total of 15 cumulative minutes per 24 hours during their infectious period

Remain at home in isolation until all the below are true:

- At least 10 days since your symptoms first started or, if asymptomatic, you tested positive for COVID-19
- Fever-free for 24 hours without fever-reducing medications
- Other symptoms of COVID-19 are improving

