

Please be advised that you do not have to pay for a training certificate. By thoroughly completing the Wright County **study sheet**, you will receive credit for your learning.

CHILD DEVELOPMENT

Resource with Link	Source	Description
Child Development Child Development Basics Developmental Milestones	Center for Disease Control and Prevention	Article and links
Child Development	Dr. Bruce Perry Living Smart	Video
Developmental Impact of Childhood Trauma	Bessel van der Kolk	Audio Recording
Maltreatment and the Developing Child: How Early Child Experience Shapes Child and Culture	Dr. Bruce Perry	Article
Positive Parenting Tips (ages 0-17)	Center for Disease Control and Prevention	Article
Retrace Developmental Stages to Help Older Children Heal	North American Council on Adoptable Children Claudia Fletcher	Article
Serve and Return	Alberta Family Wellness	Video

INFANT WITHDRAWAL

Resource with Link	Source	Description
Managing your baby's withdrawal symptoms	Healthy WA Department of Health Government of Western Australia	Article
Newborn withdrawal: Guidelines for Families in the Hospital and at Home	Indiana Perinatal Quality Improvement Collaborative	Article
Withdrawal Symptoms	Healthy WA Department of Health Government of Western Australia	Article

PARENTING WITH A TRAUMA LENS

Resource with Link	Source	Description
Building Connections with Your Foster/Adoptive Child	Joann Seeman Smith	Article
Born For Love: Why Empathy is Endangered and Essential	Dr. Bruce Perry	Video
Caring for Kids: What Parents Need to Know About Sexual Abuse	Esther Deblinger & Susana Rivera	Audio Recording
Children's Reactions to Loss: Common Behavior Patterns of the Grieving Process	Kansas Department for Children and Families	Article

Circle of Security Being-With and Shark Music & Hands Holding Hands	Circle of Security	Videos
Connect and Redirect Refrigerator Sheet - No Drama Discipline	Daniel Siegel & Tina Bryson	Article
Creating a Safe Space: Health Boundaries for Children Impacted by Sexual Abuse	Coalition for Children, Youth and Families, Wisconsin	Tip sheets Many topics are available.
Developing Emotional Attachments in Adopted Children	Attachment Parenting International Lysa Parker	Article
Foster Children and Cruelty to Animals, Part 1 and Part 2	Charley Joyce	Articles
Fostering a Child Whose Parent is in Jail or Prison	Coalition for Children, Youth and Families, Wisconsin	Tip sheet
Healing from Food Insecurity: Beyond the Stash	North American Council on Adoptable Children Katja Rowell	Article
Helping Children in Care Build Trusting Relationships	Coalition for Children, Youth and Families, Wisconsin	Tip Sheet
How to Foster Resilience in Kids	Child Mind Institute Alan Ravitz	Article
How to talk to kids so they respond! Disconnecting Words vs. Connecting Words	Teach through Love	Article
The Impact of Childhood Trauma: how to Implement Trauma-informed Care to Build Resilience to Childhood Trauma	Child Trends Jessica Dym Bartlett & Kate Steber	Article
Is it ADHD or Child Traumatic Stress?	National Child Traumatic Stress Network	Article <i>Informative infographic on page 5</i>
Is it ADHD or Trauma Symptoms	National Child Traumatic Stress Network	Podcast Recording
Is it ADHD or Trauma Symptoms	Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)	Article
Issues of Attachment for Young Traumatized Children and Their Caregivers	National Child Traumatic Stress Network	To access free online education, you must create a free account through NCTSN.
It's All in the Family: Establishing Household Rules	Coalition for Children, Youth and Families, Wisconsin	Tip Sheet
Life Book pages	Iowa Foster & Adoptive Parents Associations	Article

Lying: Why & What to Do About It, <u>Part 1</u> and <u>Part 2</u>	Foster Parent College Charley Joyce	Articles
Making the Most of Therapy for the Children in Your Care	Coalition for Children, Youth and Families, Wisconsin	Tip sheet
Online Safety Tips for Caregivers	Coalition for Children, Youth and Families, Wisconsin	Tip Sheet
Parenting a Child Who Has Experienced Trauma	Child Welfare Information Gateway	Fact Sheet
Parenting Siblings Connected through Trauma	Coalition for Children, Youth and Families, Wisconsin	Tip Sheet
Safe and Sound: Responding to the Experiences of Children Adopted or in Foster Care	American Academy of Pediatrics	Article
The Science of Parent-Child Relationships: Parental Openness Can Help Children Learn to Trust	North American Council on Adoptable Children (NACAC) Jonathan Baylin and Daniel Hughes	Article
Sibling Issues in Foster Care and Adoption	Child Welfare Information Gateway	Bulletin
Strategies to Support Children who have Experienced Trauma	Center for Inclusive Childcare	Tip sheet
The Seven Wonders of Adoption (Behavior Issues Related to Separation from Birth Family)	Foster Parent College Connections Betsy Keefer-Smalley	Article
Supporting Kids from Families Affected by Drugs	Coalition for Children, Youth and Families, Wisconsin	Tip Sheet
Tips to Help When Kids Wet the Bed	Coalition for Children, Youth and Families, Wisconsin	Tip Sheet
Tips to Manage Crisis Behavior	Coalition for Children, Youth and Families, Wisconsin	Tip Sheet
Toxic Stress in Children & 4 Ways to Help	University of Minnesota Jane Kretzmann, Build Family Resilience	Article
12 Responsive Parenting Techniques to Form a Health Attachment	Building Your Family Joanne Solchany	Article
The 12 Core Concepts for Understanding Traumatic Stress Responses in Children and Families	National Child Traumatic Stress Network	Article
Trauma and Challenging Behavior	Center for Inclusive Child Care	Tip Sheet
Trauma-Focused Cognitive Behavioral Therapy for Children Affected by Sexual Abuse or Trauma	Child Welfare Information Gateway	Fact Sheet

Trauma: How Children Respond	Center for Inclusive Child Care	Tip Sheet
Trauma-Informed Parenting: What you should know	Fostering Perspectives, North Carolina	Article
Trauma-Informed Support for Children	Echo	Article
Trauma, Kids, and ADHS: Is there a link?	WebMD	Article
Understanding Sensory Processing Disorder	Coalition for Children, Youth and Families, Wisconsin	Tip sheet
What Every Parent Needs to Know, Attachment and Separation & Impact of Fostering	<i>State of Michigan</i>	Videos
Why do we lose control of our emotions?	Kids Want to Know	Video
Your Child is Misbehaving - Are You Listening?	Iowa Foster & Adoptive Parents Associations	Article

CHILDREN WITH SPECIAL NEEDS AND TRAUMA

Resource with Link	Source	Description
At Intersection of Trauma and Disabilities: A New Toolkit for Providers	National Child Traumatic Stress Network	Article
Caring for a Child on the Autism Spectrum	Coalition for Children, Youth, and Families Wisconsin	Article
Facts of Trauma and Deaf Children Facts of Traumatic Stress and Children with Developmental Disabilities	National Child Traumatic Stress Network	To access free online education, you must create a free account through NCTSN.
Fostering Children and Youth with Fetal Alcohol Spectrum Disorder	Coalition for Children, Youth, and Families Wisconsin	Article
Fostering a Child or Youth with Special Health Care Needs	Coalition for Children, Youth, and Families Wisconsin	Article
Trauma and Individuals with Intellectual and Developmental Disabilities	Boling Center for Developmental Disabilities	Article
Resources for Foster and Adoptive Families Raising Children with Disabilities	Center for Parent Information & Resources	Fact sheets
The Road to Recovery: Supporting Children with IDD Who Have Experienced Trauma	Colleen Horton & Susan Ko	PowerPoint slides