

## **Sudden Unexpected Infant Death and Abusive Head Trauma Training**

### **Please note:**

- Name change: SIDS is now Sudden Unexpected Infant Death (SUID)
- Name Change: Shaken Baby Syndrome is now Abusive Head Trauma (AHT)
- Wright County Human Services (WCHS) will enforce the standard of no blankets with a correction order or other negative licensing action.
- Licensed providers must have a Physician's statement for an alternate infant sleep position (other than their back).
- If an infant is to be swaddled, written parental permission must be obtained.

*Both of these forms have been developed by DHS and must be kept in the child's records. If this applicable to your situation, please contact your Wright County Health and Human Services licensor.*

- Training for SUID/AHT for Child Foster Care providers must be taken every five years and must be at least one hour in length (MN Statute 245A.144).
- If a provider is found out of compliance with the SUID standards, DHS has directed Wright County Human Services to recommend a \$200 fine for the provider.
- Please review MN Statute 245A.1435 to familiarize yourself with infant sleep standards.

### **MN Statute that governs SUID and AHT training for Child Foster Care providers (245A.144)**

- (a) Licensed child foster care providers that care for infants or children through five years of age must document that before staff persons and caregivers assist in the care of infants or children through five years of age, they are instructed on the standards in section 245A.1435 and receive training on reducing the risk of sudden unexpected infant death and abusive head trauma from shaking infants and young children. This section does not apply to emergency relative placement under section 245A.035. The training on reducing the risk of sudden unexpected infant death and abusive head trauma may be provided as:
- (1) orientation training to child foster care providers, who care for infants or children through five years of age, under Minnesota Rules, part 2960.3070, subpart 1; or
  - (2) in-service training to child foster care providers, who care for infants or children through five years of age, under Minnesota Rules, part 2960.3070, subpart 2.
- (b) Training required under this section must be at least one hour in length and must be completed at least once every five years. At a minimum, the training must address the risk factors related to sudden unexpected infant death and abusive head trauma, means of reducing the risk of sudden unexpected infant death and abusive head trauma, and license holder communication with parents regarding reducing the risk of sudden unexpected infant death and abusive head trauma.
- (c) Training for child foster care providers must be approved by the county or private licensing agency that is responsible for monitoring the child foster care provider under section 245A.16. The approved training fulfills, in part, training required under Minnesota Rules, part 2960.3070.

### **MN Statute that governs safe sleep practices for Child Foster Care providers (245A.1435)**

- (a) When a license holder is placing an infant to sleep, the license holder must place the infant on the infant's back, unless the license holder has documentation from the infant's physician directing an alternative sleeping position for the infant. The physician directive must be on a form approved by the commissioner and must remain on file at the licensed location. An infant who independently rolls onto its stomach after being placed to sleep on its back may be allowed to remain sleeping on its stomach if the infant is at least six months of age or the license holder has a signed statement from the parent indicating that the infant regularly rolls over at home.

- (b) The license holder must place the infant in a crib directly on a firm mattress with a fitted sheet that is appropriate to the mattress size, that fits tightly on the mattress, and overlaps the underside of the mattress so it cannot be dislodged by pulling on the corner of the sheet with reasonable effort. The license holder must not place anything in the crib with the infant except for the infant's pacifier, as defined in Code of Federal Regulations, title 16, part 1511. The requirements of this section apply to license holders serving infants younger than one year of age. Licensed child care providers must meet the crib requirements under section 245A.146.
- (c) If an infant falls asleep before being placed in a crib, the license holder must move the infant to a crib as soon as practicable, and must keep the infant within sight of the license holder until the infant is placed in a crib. When an infant falls asleep while being held, the license holder must consider the supervision needs of other children in care when determining how long to hold the infant before placing the infant in a crib to sleep. The sleeping infant must not be in a position where the airway may be blocked or with anything covering the infant's face
- (d) Placing a swaddled infant down to sleep in a licensed setting is not recommended for an infant of any age and is prohibited for any infant who has begun to roll over independently. However, with the written consent of a parent or guardian according to this paragraph, a license holder may place the infant who has not yet begun to roll over on its own down to sleep in a one-piece sleeper equipped with an attached system that fastens securely only across the upper torso, with no constriction of the hips or legs, to create a swaddle. Prior to any use of swaddling for sleep by a provider licensed under this chapter, the license holder must obtain informed written consent for the use of swaddling from the parent or guardian of the infant on a form provided by the commissioner and prepared in partnership with the Minnesota Sudden Infant Death Center.

**Please be advised these videos were gathered to educate Family Child Care Providers.**

The Department of Human Services has approved the following series of videos to meet the SUID component when individuals are not receiving face-to-face, classroom, or online SUID training. All videos must be viewed to meet the SUID training requirement.

*Please Note: The videos below include portrayals of infant sleep environments in private, non-licensed, homes that are not subject to the requirements of Minnesota Statutes, section 245A.1435 and 245A.144. Licensed child foster care providers must comply with statutory safe sleep requirements when sleeping infants including nothing in the crib except for an infant's pacifier. In addition, attachments or modifications to the crib are prohibited.*

**SUID Video**

1. [Safe Sleep](#) - Produced by Hennepin County (4:17)
2. [Safe Sleep Practices](#) - Produced by Eastern Virginia Medical School (5:50)
3. [Sleep On It - Preventing Unsafe Sleep Practices](#) - Produced by Dakota County (6:28)

**AHT Video**

1. [Never Shake](#) – Children's Trust Fund Never Shake (7:48)
2. [Shaken Baby Syndrome](#) - The Doctors (1:48)
3. [Forever Shaken](#) – BrainInjury Nebraska (33:17)

**My signature on this form is an acknowledgment of the fact that I have reviewed the Statutes that govern Sudden Unexpected Infant Death Syndrome (SUID), Abusive Head Trauma (AHT), and safe sleep practices (245A.144 and 245A.1435), viewed the accompanying videos, and completed the Texas A&M training and quiz. I realize that as a licensed provider, I must abide by statutory requirements.**

\_\_\_\_\_  
Signature of Provider #1 and Date

\_\_\_\_\_  
Signature of Provider #2 and Date