



Minutes

Mental Health Advisory Council

Tuesday, March 08, 2022, 2:30, Zoom

Attendees:

Members:	<input type="checkbox"/> Carl Harju*	<input checked="" type="checkbox"/> Commissioner Mark Daleiden
<input checked="" type="checkbox"/> Cathy Elfstrand	<input checked="" type="checkbox"/> Eric Nagel	<input checked="" type="checkbox"/> Sandra Greninger
<input type="checkbox"/> Stephanie Barnes	<input type="checkbox"/> Mary Sodergren*	<input checked="" type="checkbox"/> Tammi Dahlman
<input type="checkbox"/> Tina Sklors*	<input type="checkbox"/> Katie Zehowski	<input checked="" type="checkbox"/> Caroline Malone
<input checked="" type="checkbox"/> Dallas O'Dell	<input type="checkbox"/> Samantha Bavage	<input checked="" type="checkbox"/> Breanna Heintzelman

*= excused absence
(14 active members)

HHS Staff Attendees: Gretchen Backer, Keith Bennett

Other Attendees: Bethany Oberg, Mary Jeanne Bruns, Dana Seelen, Shannon Link, Leon Flack, Jennifer Jiang,

1. Welcome and Introductions
 - a. New MHAC Member: Breanna Heintzelman, Bridging Hope Counseling
2. Approval of the Agenda (any additions)
 - a. Motion made by Tammy D., Second by Sandy G. - motion passes
3. Approval of MHAC Minutes from 01/11/2022
 - a. Motion made by Tammy D., Second by Sandy G. - motion passes
4. Sub-committee reports
 - a. MAPP – No updates given
 - b. Suicide Prevention Grant Update – Keith B.
 - 2 Suicide Prevention training groups completed since last MHAC meeting
 - Many more trainings will be taking place in the near future: in house and in community
 - QPR generally 1 to 2 hours (questioning, planning, referring)
 - Safe Talk trainings are longer, usually 3-4 hours
5. Unmet Needs and Possible Solutions Discussion
 - a. Concerns for improving how schools are handling bullying and possibly needing a change in delivery of service
6. Action Items
 - a. Eric Nagel would like to see this committee evolve into something more involved with the community and schools.
7. Information Sharing/Other
 - a. Keith Bennett
 - Buffalo Strong Day was the first in planned community events surrounding mental health
 - Needs assessment was just finished in Wright County
 - (a) Results will influence programming going forward
 - (b) Full result report to be completed by June 2022
 - Minnesota Thrives
<https://www.health.state.mn.us/communities/mentalhealth/mnthrivescampaign.html>
 - State legislation currently being discussed linked to mental health topics

- (a) Keith to forward information on to Gretchen to disperse to group
- b. Eric Nagel expressed concerns of the bullying that is taking place in the schools and the toll it is taking on children mental health
- c. Bethany Oberg – CAMHI
 - CAMHI launched their own needs assessment
 - (a) Bethany to send Gretchen the email to forward out to the MHAC group
 - (b) Two categories on survey, complete what category you fall into
 - ◆ Both categories can be completed if an individual falls in both

Motion to close meeting Sandy G., second by Dallas O., motion carried. Meeting adjourned 3:27 pm.