

Statewide Health Improvement Partnership (SHIP)

Wright County Public Health



SHIP Goals

The Statewide Health Improvement Partnership (SHIP) supports community-driven solutions to expand opportunities for active living, healthy eating, commercial tobacco-free living, and well-being, helping all people in Minnesota prevent chronic diseases.



SHIP Works



MN Eats



MN Moves



MN Commercial
Tobacco-Free



MN Well-Being



Communities



Workplaces



Health Care



Schools



Child Care



PSE Change

- ▶ Policy: interventions that create or amend laws, ordinances, resolutions, mandates, regulations, or rules
- ▶ Systems: interventions that impact all elements of an organization, institution, or system
- ▶ Environment: interventions that involve physical or material changes to the environment

Event/Program vs. PSE Change	
Characteristics of Event or Program	Characteristics of PSE Change
One time	Ongoing
Additive: often results in short-term behavioral change	Foundational: often produces behavior change over time
Individual level	Community/population level
Not part of ongoing plan	Part of an ongoing plan
Short term	Long term
Non-sustaining	Sustaining

MN Eats



Communities

Power of Produce Clubs and SNAP acceptance at farmers markets; SuperShelf improvements at food shelves; Community Food Assessments; healthy food retail



Workplaces

Lactation spaces and policies; community-supported agriculture; workplace gardens and farmers markets; health vending and concessions



Health Care

Food prescription programs; Baby Café



Schools

Hydration stations; Smarter Lunchrooms Assessments; food security; Comprehensive Framework for Addressing School Nutrition Environment and Services; Farm to School



MN Moves



Communities

Active transportation plans; parks and trails plans; comprehensive plans; cultural liaisons



Workplaces

Active transportation; active workday; bike-friendly and walk-friendly recognition



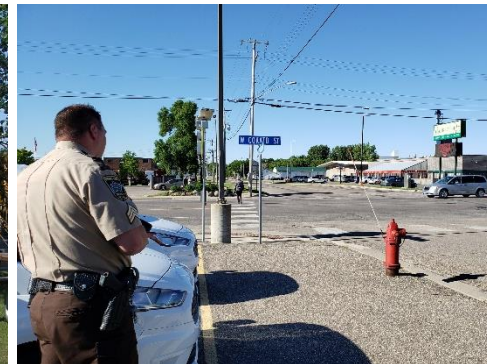
Health Care

Exercise is Medicine; park prescription programs



Schools

Safe Routes to School; Stop for Me Campaigns; Bike Fleet; Comprehensive School Physical Activity Program; Outdoor classrooms



MN Commercial Tobacco-Free



Communities
Smoke-free multi-unit housing



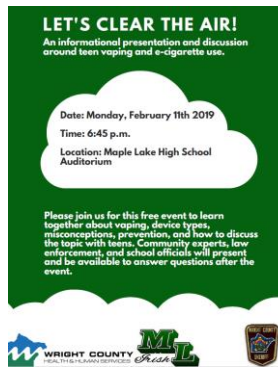
Workplaces
Tobacco-free policies



Health Care
Quit Partner referrals; tobacco treatment integration



Schools
Commercial tobacco-free schools



MN Well-Being



Communities

Social connection activities, meditation gardens, youth mentorships, Trauma-Informed education and awareness



Workplaces

Stress management; relaxation spaces; policy change regarding flex scheduling, paid family leave, telecommuting; mental health first aid, peer support



Health Care

Community-clinical linkages for ACEs; health literacy interventions; telehealth; community health workers; health brain initiative; healthy lifestyle change programs



Schools

Social-emotional climate; school counseling, psychological, and social services; social connection; trauma-informed principles



SHIP Project Guide

PROJECT GUIDE

The table below provides examples of SHIP projects and funding opportunities but note that projects are not limited to what is listed. To discuss funding and resources in more detail, please contact HS.PublicHealth@co.wright.mn.us or call 763-335-0280.

Project Type	Potential Partners	Project Goal	SHIP Can Provide
Community Garden Edible Landscape	Community-Based Organizations, Municipalities, Schools, Workplaces, Food Shelves, Churches, Healthcare Organizations	Increase food access by providing opportunities to grow vegetables, herbs, and fruits	Materials: <ul style="list-style-type: none"> • Materials to build the garden • Seeds and plants • Soil • Gardening tools Funding for community engagement to expand participation in gardening activities Support: Assistance from Wright County Public Health and University of Minnesota Extension to support the planning, construction, planting, and harvesting of the garden
Super Shelves	Food Shelves	Create policy, systems or environmental changes at your food shelf in order to increase access to and	Materials: <ul style="list-style-type: none"> • Baskets to display produce • Large equipment, such as coolers and freezers, for healthy items • Signage to promote healthier foods • Changes to physical environment to create more dignified shopping space Funding for: <ul style="list-style-type: none"> • Training to support clients in making healthier choices • Software to improve procurement of fresh produce (with matched

Questions?