

TRAINING REQUIREMENTS FOR LICENSED CHILD CARE PROVIDERS

(Per Rule 9502.0385)

All applicants must complete the following training:

SIDS and Shaken Baby Syndrome (SBS) Training

- All providers, adult caregivers, substitutes, and helpers who care for infants must receive training on reducing the risk of Sudden Infant Death Syndrome. This training must be completed prior to caring for infants.
- All providers, adult caregivers, substitutes, and helpers who care for children under school age must receive training on reducing the risk of Shaken Baby Syndrome. This training must be completed prior to caring for children under school age.
- Training on each topic must be at least one (1) hour in length and completed at least every five (5) years.
- The training can be counted as part of the caregiver's eight (8) hours of annual training.

CPR/First Aid Training

- **6 to 9 hours of infant and child-related CPR and First Aid training**
 - ✓ Provided by or approved trainer in CPR and First Aid. The training must be completed prior to initial licensure. Current certification in CPR and First Aid by the American Red Cross or American Heart Association may be substituted for the initial CPR and First Aid training specified.

First Year Training Requirements

- **8 hours of child-related training**
 - ✓ Approved by the agency, in child development and childcare within one (1) year of or one (1) year prior to initial licensure. Subject areas are specified in the licensing rule (see next page). Training must specifically include at least two hours of early childhood development training.

Child Passenger Restraint Systems Training

Before a license holder, staff person, caregiver, or helper transports a child under age nine (9) in a motor vehicle, they must complete training on the proper use and installation of child restraint systems. This training may be used to meet initial or ongoing training requirements. It must be repeated every five (5) years. Training must be provided by individuals who are certified and approved by the Minnesota Department of Public Safety.

CPR and First Aid Training

When children are present, at least one caregiver must be **currently** trained in CPR and in the treatment of obstructed airways. Training must be received from an approved CPR instructor and must be repeated *at least* once every three (3) years.

When children are present in a family childcare home, at least one caregiver must have received first aid training. The training must be provided by an individual who has been approved to provide first aid instruction. This training can be counted as part of the caregiver's eight (8) hours of annual training.

Note: This means that if an adult helper or substitute is providing care they must be **current** (taken within the past three years) in CPR and have received first aid training.

Shaken Baby Syndrome Video

Licensed child care providers must document that they have viewed annually a video on reducing the risks of Shaken Baby Syndrome, regardless of whether or not they are caring for infants. The video is often shown in the training class, which meets this requirement. The approved videos are:

- Portrait of Promise: Preventing Shaken Baby Syndrome
- Never Shake a Baby!

Videos can be checked out through the Great River Regional Library system or can be purchased through the Child Care Resource and Referral. The video is also available on the Stearns County website. <http://www.co.stearns.mn.us/4356.htm>.

Ongoing Training Requirements

Eight (8) hours of child-related training is required annually. Please note that no more than 2 hours of nutrition training, and no more than four (4) hours of correspondence course training or internet training will be accepted each year. **If you have questions as to whether a particular class meets requirements, please call your licensing worker.**

For training hours to be approved, the course must focus on one or more of the training subjects outlined in Rule 9502.0385-4:

✓ *Ongoing training subjects shall be selected from the following areas:*

- A. *Child Development;*
 - B. *Child Abuse*
 - C. *Communicable disease prevention and control;*
 - D. *Parent and provider relationships;*
 - E. *Communication skills*
 - F. *Community Services and resources for children;*
 - G. *Methods of guiding behavior or discipline;*
 - H. *Home and fire safety and child injury prevention;*
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