

DEVELOPMENTAL SCREENING ASSESSMENT
Developmental Checklist

NAME: _____

D.O.B.: _____

AGE

2 months

GROSS MOTOR

- lifts head in prone

FINE MOTOR ADAPTIVE

- focuses and tracks briefly

LANGUAGE

- attends to noise

4 months

- up on elbows in prone
 - midline play

- unfisted
 - follows a light

- coos
 - localizes sound

6 months

- no head lag
 - extends arms in prone

- reaches out for a cube
 - hand to mouth activity

- multi-syllable sounds
 - turns to a bell

9 months

- sits well without support
 - stands holding on

- obtains objects easily
 - transfers a cube

- repetitive babbling
 - imitates patty-cake

12 months

- pulls to stand
 - cruises along furniture

- overhand pincer grasp
 - voluntary release

- mama / dada
 - imitates sounds

18 months

- walks well without help
 - crawls upstairs

- drinks from a cup
 - scribbles with a crayon

- jargons actively
 - communicate / gestures

2 years

- kicks a ball
 - stoops for a toy

- uses a spoon
 - takes off shoes and socks

- uses single words
 - identifies body parts

3 years

- jumps in place
 - pedals a tricycle command

- unzips and unbuttons clothes
 - copies a circle

- speaks in full sentences
 - follows two step

4 years

- balances on one foot
 - alternates up and down stairs

- dresses self with buttons
 - uses scissors

- knows colors
 - understand prepositions

Developmental and Behavior Charts

	Self Help/Living Skills	Behaviors/Characteristics Motor (Normal & Abnormal)		Cognitive	Language	Social/ Emotional
Birth 6 Mo.	Comforts self with sucking. Sucking / swallow well. Opens mouth for spoon (6 mo.)	Excessive crying, irritability. Irregular sleeping; eating; eliminating habits. Touch sensitive. Cuddly; Easy to comfort. On a regular schedule.	Discovers hand (3 mo.) Follows objects. On stomach; lifts head; looks about. Rolls over (4 mo.) Sits with support-head steady.	Responds to noise, turns head to voice/follows with eyes. Comforted by soothing voice. Anticipates feedings (3 mo.) Looks at object in hand; looks after a toy, which is dropped. Uses two hands to grasp.	Smiles and vocalizes when talked to (2 mo.) Turns head to sound. Laughs out loud, cries, coos, responds to songs, babble (ma, ma, da, da.)	Developing trust. Communicates needs through crying, body language and vocalization.
6 Mo. 18 Mo.	Uses spoon. Drinks from a cup, some spills, picks up finger foods. Chewing/swallowing solid foods. Takes off shoes, gloves, unzips.	Clingy; explores and tests environment. Uses caution approaching new situations. Interprets environmental signals. Rapid mood swings. Fearful.	Sits unsupported (7 mo.) Begins creeping/crawling. Crawls well; pulls to stand (7-9 mo.) Claps hands (8-10 mo.) Walks independently (12-18 mo.) Stoops & recovers toys.	Transfers objects from hand to hand. Reaches for & picks up objects. Imitates simple gestures (peek-a-boo, paddy cake.) Responds to own name, "no" etc. Scribbles. Uncovers hidden objects (12 mo.) Fill and dumps objects in containers. Looks at pictures in books. Follows one or two directions.	Responds to own name (9 mo.) Uses gestures to communicate. Uses vocalization to seek attention. Requests for objects (toy, etc.) Requests for actions (asks for help.) Protests "no" Greets; Hi, bye, etc. Says mama, dada. (10 words)	6 mo. Reacts differently to strangers. 6 mo. Recognize self in mirror. 8 mo. Show dependence on mother/primary care giver. 12 mo. Distinguishes self from others.
18 Mo. 36 Mo. (3 yrs.)	Minimal spills with spoon & cup. Anticipates need to urination defecate. Can toilet independently. Imitates simple chores, undress/dresses self with assistance.	Temper tantrum, oppositional. Aggressive to others, (hitting, biting, pulling hair, etc.) Learning "No". Testing power. Developing independence. Imitates others; Fearless.	Walks up & down stairs holding rail. Walks backwards (18 mo.) Jumps in place. Kicks & throws ball; runs with few falls; balances on one foot few seconds. Walks stairs without support.	Matches same objects. Points to objects. Names objects. Imitates actions. Points to 3-5 body parts. Builds towers with blocks. Matches same colors.	Says first name. Asks what, where, why, when. Short conversations. Use me, mine, you, I. Combine words. (2,3,4+)	18 mo. Demands proximity of familiar adult. 24 mo. Refers to self by name. 2-2 ½ Shy with strangers, clingy. 36 mo. Understand needs of others.
3-5 years	Washes hands independently. Washes face, brushes teeth independently. Dresses & undresses self, independently. Simple chores. Bathes self.	Sensitive to criticism or praise, talks a lot. Follow simple rules. Bed wetting; lying; nightmares; boast; creative; cooperative; fire setting; stubborn; fears/phobias. Forgiving others. Aggressive to others. Entertains self. Self- abusive. Likes being a helper. Asks many questions. Tries new things. Watches others.	Rides tricycle. Swings & climbs. Balances on one foot, 10 seconds. Hops on one foot. Uses scissors. Skips. Writes names (5 yrs.) Throws ball overhead; hops backwards with both feet; bounces/catches ball.	Draws person with 3-6 parts. Copies simple shapes. Matches shapes/colors. Says full name, address & phone #. Repeats 3 digit numbers. Understands big & little, hot, cold, long & short, etc. Some awareness of fantasy & reality. Grouping of objects. Follows simple directions. Counts 1-20. Knows left from right. Knows upper & lower case letters (3 yrs.)	Answers simple questions. Uses: under, on, in front of, behind, inside, etc. Vocabulary 200- 1500+ words. Few articulation errors.	Enjoys dramatic play. Know sex (boy or girl.) Separates from parent without crying. Plays with peers; somewhat cooperatively. Strong sense of family/home. Develops sense of guilt. Explores neighborhood. Plays group games with simple rules.
6-12 years	Household chores, many steps, cooking skills, hobbies, (sewing, woodworking), simple repairs.	Regressive behavior. Needs to discuss thoughts & feelings. Restless. Poor conformity (e.g. Dressing). Picking nose, Depression; stealing, impulsive; works with others, high expectation of self; acts out feeling/rather than talking; poor concentration/good concentration; swears; selfish; lack of guilt; cooperative; dependable; excessive demands; poor peer relationships.	Jumps rope, skips, hops & trots. Good eye-hand coordination (sewing, woodworking, etc.) Clumsy & awkward. Rapid uneven physical growth. Rides bike.	Tells time. Groups object in classes & series. Understands concepts of space, time & numbers. Realized orderliness of world. Reads/writes/math skills. Leap in academic skills. Combines information to come on own conclusion.	Vocabulary increases ahead of comprehension. Corrects own errors in pronouncing new words. Reads well.	Group sports, competition grows. Clubs & gangs become important. Interest in competition increases. Conformity to peer groups important. Fear of failure. Aggressive/Argumentative. Confidence increases. Forming own opinions.
12-18 years	Mechanical abilities. Desire to earn income. Drivers License. Desire to future education or work experience.	Confused. Sexual & aggressive. Opposition of family values, rules & expectations. Rebellious with adults; depression, runs away; stealing; flirts with danger; sexually active seeks intimacy; smokes; uses alcohol; uses drugs; talks on telephone for long period of time; truant from school; gang involvement.	Agile but still clumsy. Rapid physical growth & maturation.	Perception of physical volume developed. Formulates ideas, makes assumptions, & draws conclusions. Reasons logically about statements, objects & events. Uses thought more flexibly. Can handle hypothetical issues. Tendency to intellectualize.	Introduce to a second language.	Rapid harmonic changes. Moody. Questions: "Who am I?" "Where do I belong?" "What can I do or be?" "What do I believe in?" Struggles with sense of self, motivation, identity, and relationships.