PARENTS FOREVER™, WRIGHT COUNTY PROGRAM REGISTRATION FOR IN-PERSON CLASS ONLY

To register for the Parents Forever™ online class, visit www.parentsforever.umn.edu

Register by Mail: Delano Community Education, 140 Elm Avenue, Delano, MN 55328

Register by Phone (with credit card): 763-972-6210, option 1

Register Online (with credit card): www.delanocommunityed.com

PARENTS FOREVER™ IS PARENT APPROVED

Here are some examples of feedback from parent participants:

"It's changed me! It's taken the focus off of me and put it on "Where do my kids fall into play here? It was good!"

"I've eliminated any criticism of the other parent...not making the children choose sides."

"It helped me be more aware of my child's needs and pay more attention to his feelings."

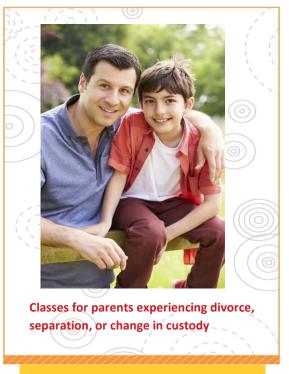
PARENTS FOREVER™ IS COURT APPROVED

The Honorable Bruce W. Christopherson, district court justice in Minnesota's Eighth Judicial District, has said, "Although I sparingly cast support for programs, I enthusiastically strike the gong for Parents Forever." As a result of the program, Judge Christopherson has observed:

- More disputes settled voluntarily.
- Less child stress.
- Less cost in time and money to the legal system.
- Less cost in time and money to the divorcing parents.
- A greater likelihood of settling future disagreements.

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Parents Forever[™] – Wright County Delano Community Education



CENTER FOR FAMILY DEVELOPMENT

UNIVERSITY OF MINNESOTA EXTENSION



A Minnesota Service Cooperative







ABOUT PARENTS FOREVER™

Parents Forever ™ was developed as an educational program for parents experiencing family transition, such as divorce or separation. It is based on the research about divorce and its effects on children, as well as our 20+ years working with facilitators and participants (aka parents) of the program.

Parents Forever ™ courses reflect the belief that if parents engage in healthy self-care, parent-child relationships, and co-parenting relationships, their children will experience more positive outcomes after a divorce or separation. Their whole family will benefit.

Parents Forever [™] in-person and online courses have been approved by the Minnesota Supreme Court. They meet and exceed all 25 minimum standards as described by the Minnesota Supreme Court Policy.

WHAT YOU WILL LEARN

Participating in a Parents Forever ™ course will help you:

- Describe the family transition journey and how each family member will be affected.
- Recognize the role of self care, parent-child relationships, and co-parenting in child wellbeing.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.

PAYING FOR THE PARENTS FOREVER™, WRIGHT COUNTY PROGRAM

As mentioned, the registration fee for the entire course is \$89. You may qualify for a fee waiver or reduction.

- Fee waiver If you have a court order for in forma pauperis (IFP), the fee for the class can be waived. Follow steps listed on the program website for receiving a fee waiver.
- Fee reduction -We do reduce the registration fee amount in some cases. To see the requirements and apply for a reduced fee, see the program website.

ABOUT THE PROGRAM IN WRIGHT COUNTY

The Parents Forever™ program in Wright County is administered by Delano Community Education. All classes are offered at the Delano Elementary Upper Multi-Purpose Room:

678 Tiger Drive, Delano, MN 55328

The registration fee for the entire course is \$89. A sliding fee scale is available. Contact michelle.krueger@delanoschools.org for more information.

INFORMATION ON WRIGHT COUNTY CLASSES

To find course offerings in Wright county, visit:

http://z.umn.edu/wrightclasses

To get answers to frequently asked questions, visit:

http://z.umn.edu/familyfaq

FACILITATOR BIOS

Michelle Krueger, MSW, LICSW, SSW, is a School Social Worker at Delano Elementary. Previously, Michelle worked at Red Rock Ridge Learning Center in Windom, MN as a Mental Health Practitioner. Michelle obtained her Master's in Social Work from Minnesota State University, Mankato.

Megan St. Amand has her BS in elementary education and works for Orono Schools. She is pursuing her MFT (Marriage and Family Therapy Degree) at St. Mary's.