

CHILDREN'S WRIGHT COUNTY RESOURCE GUIDE

www.mnmentalhealth.org

Four County Crisis Response Team
800-635-8008 or 320-253-5555

This directory is online at:

<http://www.co.wright.mn.us/documentcenter/view/1751>

As of: November 1, 2018



MISSION STATEMENT: Working together to serve youth and families in Wright County in need of help through prevention, education and support

Note: This directory is a work in progress.

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Partnership for Youth and Families

HELPLINES AND CRISIS NUMBERS

Anna Marie's Alliance: Emergency shelter/abuse.....	800-950-2203
annamaries.org , 500 11 th Ave N, St. Cloud, 56302	
Birthright: birthright.org	800-550-4900 OR
201 3 rd St W Monticello, 55362	763-295-2232
For women in a pregnancy dilemma	
Casa de Esperanza: Spanish	651-772-1611
24-hour bi-lingual help line, casadeesperanza.org	
Central Minnesota Sexual Assault:	800-237-5090
CMSAC.org ; 15 Riverside Dr NE St. Cloud, 56302	
Crisis Connection: Depression and Suicide	612-379-6363 OR
crisis.org	800-273-8255
Crisis Nursery (Kindred Family Services):.....	763-271-1681
kindredfamilyservices.org ; 9766 Fallon Ave NE #101, Monticello, 55362	
First Call for Help:	211 or 800-543-7709
Four County Crisis Response Team.....	800-635-8008 OR
	320-253-5555
It's OK to Ask 4 Help!	800-SUICIDE (784-2433)
Minnesota Domestic Violence Crisis Line:	866-223-1111
National Suicide Prevention Lifeline	800-273-TALK (8255)
Rivers of Hope: Domestic violence	800-439-2642 OR
riversofhope.org	763-295-3433
Salvation Army -Emergency Shelter	763-682-8941
thesalarmy.com	
Veterans Crisis Line.....	800-273-TALK (8255)
Wright County Child Protection.....	763-682-7400
co.wright.mn.us/departments/humanservices	

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- Cities listed are in Minnesota unless otherwise stated.

- Zip codes for Wright County cities:

Albertville=55301	Delano=55328	Maple Lake=55358	Rockford=55373
Annandale=55302	Cokato=55321	Monticello=55362	St. Michael=55376
Buffalo=55313	Hanover=55341	Montrose=55363	Waverly=55390
Clearwater=55320	Howard Lake=55349	Otsego=55330	Winsted=55395

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COMMUNITY AND CIVIC INVOLVEMENT

CIVIC ORGANIZATIONS:

American Legion: mnlegion.org

Buffalo: 763-682-2262, 304 10th Ave S

[facebook.com/pages/buffalo-american-legion/222948381062866](https://www.facebook.com/pages/buffalo-american-legion/222948381062866)

Maple Lake: 320-963-3911, 220 1st Ave

[facebook.com/pages/Maple-Lake-American-Legion/193791460638566](https://www.facebook.com/pages/Maple-Lake-American-Legion/193791460638566)

320-963-3911, 220 1st St SW

Jaycees: mniaycees.org

Buffalo: 612-618-0791

Delano: 763-684-1623, [facebook.com/profile.php?id=1546856623](https://www.facebook.com/profile.php?id=1546856623)

Kiwanis: kiwanis.org

Buffalo: 763-682-9332

Knights of Columbus: kofc.org

Buffalo: 763-684-0075

Lions: lionsclub.org

Albertville: 763-370-5161, e-clubhouse.org/sites/albertvillemn/

Annandale: 320-274-3174, annandalelionsclub.org

Buffalo: 763-221-6199, buffalolionsclub.org

Clearwater: 320-493-3461, clearwaterlionsmn.org

Cokato: cokatodassellions@embarqmail.com, cokatomn.lionwap.org

Delano: delanolionsmn@yahoo.com, e-clubhouse.org/sites/delanomn/contact.php

Hanover: 763-494-6910, [City of Hanover](http://CityofHanover.com)

Howard Lake: lions@hllions.org, hllions.org

Monticello: monticellolions.com

Rockford: e-clubhouse.org/sites/rockfordmn/index.php

Waverly: waverlymn.org/community/civic-organizations/waverly-lions-club.aspx

Rotary: rotary.org

Buffalo: 763-682-3750, buffalorotary.com

Cokato/Dassel: 320-286-2118, cokatodasselrotary.org/

Monticello: [facebook.com/MonticelloRotary](https://www.facebook.com/MonticelloRotary), clubrunner.ca/Portal/Home.aspx?cid=4185

St. Michael: 763-428-2921, stmarotary.org

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EARLY CHILDHOOD EDUCATION

Early Childhood And Family Education (ECFE):

Annandale: 320-274-5602, annandale.k12.mn.us, 125 Cherry Ave N

Buffalo: 763-682-8770, bhmschools.org/community-ed/early-childhood-family-education-ecfe,
301 2nd Ave NE

Cokato: 320-286-4120, dc.k12.mn.us/ecfe/index.html, 4852 Reardon Ave SW

Delano: 763-972-6210, delanocommunityed.com, 700 Elm Ave E, #1400

Howard Lake-Waverly-Winsted: 320-543-3600,

hlwww.k12.mn.us/itrium/visit/A1x47adx1x82y1x47b5x1x7fy1x9dddx1x68y1xa7c8x1x68, 801 8th Ave S

Maple Lake: 320-963-7453, yourclasspage.com/3209633024/preschool.html,
200 State Hwy 55 E

Monticello: 763-272-2900, monticello.k12.mn.us, 9375 Fenning Ave NE

HEADSTART:

North Metro Migrant Headstart: 763-272-2964, monticello.k12.mn.us, 9375 Fenning Ave, Monticello

Wright County Community Action Headstart: 320-963-6500, <http://wccaweb.com/head-start>

Annandale: 320-274-3318, 50 Chestnut E

Buffalo: 763-684-0027, 1405 3rd Ave NE

Buffalo: 763-682-1862, 1405 3rd Ave NE

Howard Lake: 320-543-2955, 625 12th Ave

Maple Lake: 320-963-6500, 130 Division St

PRESCHOOL:

Buffalo United Methodist: 763-682-3538, buffaloumc.org/preschool/, 609 8th St. NW, Buffalo

Christ Church Preschool: 763-441-5097, Ext. 15, christchurchotsego.org, 15849 90th St. N.E., Otsego

Country Kids Christian Pre-School: 763-497-6430, 403 Central Ave E, St. Michael

Dassel-Cokato Play and Learn Preschool: 320-286-4120, dc.k12.mn.us/ecfe,

4852 Reardon Ave SW, #1400, Cokato

Howard Lake-Waverly-Winsted Preschool: 320-543-3600,

hlwww.k12.mn.us/itrium/visit/A1x47adx1x82y1x47b5x1x7fy1x9dddx1x68y1xa7cax1x68, 801 8th Ave S

Joyful Heart Preschool: 763-972-2393,

<https://plus.google.com/113761957824856315961/about?gl=us&hl=en>, 730 Elm Ave E, Delano

Kids Haven Child Care & Preschool: 763-682-3072, kidshaven.net, 302 12th Ave S, Buffalo

Little Buffalo Preschool: 763-682-3719, <https://www.facebook.com/pages/Little-Buffalo-Preschool/104926752884057> Buffalo

Noah's Ark Preschool: 763-682-1368, stjohnsbuffalo.org/noahs-ark-preschool, 302 2nd St. NE, Buffalo

Playhouse Child Care Center: 763-295-6668, playhousechildcare.com, 109 Sandberg Rd, Monticello

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Pumpkin Patch Preschool: 763-295-5040, angelfire.com/retro/r_anderson/index.html,

9225 Jason Ave NE, Monticello

St. Francis Xavier Child Development: 763-684-0075, <http://stfxb.org/school/preschool/index.html>

219 19 St NW, Buffalo

Sunshine Station Childcare and Preschool: 763-477-5273, <https://www.facebook.com/pages/Sunshine-Station-Childcare-and-Preschool/365529353460815?sk=wall&filter=12>, 8956 Walnut St, Rockford

Wee Irish Preschool: 320-963-7468, yourclasspage.com/3209633024/preschool.html, 200 State Hwy 55
E, Maple Lake

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EDUCATION

ADULT BASIC EDUCATION (ABE): See each community's Community Education,
mnabe.themlc.org/Adult_Basic_Education2.html

PAROCHIAL SCHOOLS:

Foundation Christian Academy: <http://www.buffalofca.com>, 1601 Hwy 25 N, Buffalo

Mount Olive Church: 763-972-2442, mtolivedelano.org, 435 Bridge Ave E, Delano

St. Francis Xavier School (K-8): 763-684-0075, <http://stfxb.org/school/preschool/index.html>, 219 19th St
NW, Buffalo

St. Michael's Catholic Church (K-8): 763-497-3887, stm Catholicschool.org, 14 Main St N, St. Michael

St. Timothy School (K-8): 320-963-3417, churchofsttimothy.org, 241 Star St E, Maple Lake

PUBLIC SCHOOLS

Albertville: see St. Michael

Annandale: District Office: 320-274-5602, annandale.k12.mn.us, 125 Cherry Ave N

Community Ed: 320-274-3058, annandale.k12.mn.us, 655 Park St E

Buffalo: District Office: 763-682-8700, bhmschools.org, 214 1st Ave NE

Community Education: 763-682-8770, <http://www.bhmschools.org/community-ed>, 301 2nd Ave NE

Discovery Elementary School - multiage classroom school (looping): 763-682-8400,

bhmschools.org/schools/discovery, 301 2nd Ave NE

Northwest Suburban Integration School District (MWSISD) 763-450-1303, nws.k12.mn.us

- BHS Arts Magnet: 763-682-8100, bhmschools.org/schools/bhs-magnet, 877 Bison Blvd
- Science, Technology, Engineering and Math (STEM) Magnet: 763-682-8600,
bhmschools.org/schools/tatanka, 703 8th St NE

Clearwater: See Annandale, Monticello, or St. Cloud school district

Dassel-Cokato: District Office: 320-286-4100, dc.k12.mn.us/index.html, 4852 Reardon Ave SW, 1400

Community Ed: 320-286-4120, dc.k12.mn.us/commed/index.html, 4852 Reardon Ave SW, 1400

Delano: District Office: 763-972-3365, delano.k12.mn.us, 700 Elm Ave E

Community Ed: 763-972-6210, delanocommunityed.com, 700 Elm Ave E

Hanover: see Buffalo

Howard Lake-Waverly-Winsted: District Office: 320-543-3521, hlww.k12.mn.us/, 801 8th Ave

Community Ed: 320-543-3600,

<http://www.hlww.k12.mn.us/itrium/visit/A1x79x1x66y1xd6x1x69y1x11bx1x87>, 801 8th Ave

Maple Lake: District Office: 320-963-3171, maplelake.k12.mn.us, 200 State Hwy 55 E

Community Ed: 320-963-5991, <http://www.maplelake.k12.mn.us/communityed.html>

200 State Hwy 55 E

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EDUCATION continued

PUBLIC SCHOOLS continued

Monticello: District Office: 763-272-2000, monticello.k12.mn.us/, 302 Washington St

Community Ed: 763-272-2030, monticello.k12.mn.us/, 9375 Fenning Ave NE

Rockford: District Office: 763-477-9165, rockford.k12.mn.us/, 6051 Ash St

Community Ed: 763-477-4563, www.rockford.k12.mn.us, 7650 County Rd 50

South Haven: See Annandale

St. Michael: District Office: 763-497-6500, stma.k12.mn.us, 11343 50th St NE, Albertville

Community Ed: 763-497-6550, ce.stma.k12.mn.us/, 60 Central Ave W, St. Michael

Family Youth Community Connections (FYCC): 763-496-6820, <http://www.myfycc.com/>
5975 Main Ave NE, Albertville

ADDITIONAL SCHOOLS:

MAWSECO (Meeker and Wright Special Education Cooperative): mawseco.k12.mn.us

Cornerstone Day Treatment Program: 763-682-6440, Wright Tech Center, 1405 3rd Ave NE, Buffalo

Eastern Wright Program: 763-682-6440, Wright Tech Center, 1405 3rd Ave, Buffalo

Journeys Alternative Program: 320-543-4626, Howard Lake Middle School, 801 8th Ave, Howard Lake

Level 4 Trek: 320-543-3900, x2239, Howard Lake Middle School, 801 8th Ave, Howard Lake

Students Transitioning in Education Programming (STEP): 320-543-3900 x2223, Howard Lake Middle School, 801 8 Ave, Howard Lake

Village Ranch Alternative Program: 320-286-2922, 13637 60th St SW, Cokato

Westside Alternative Program: 320-963-3778, 33 Birch S, Maple Lake

Wright Technical Center: 763-682-4112, wtc.k12.mn.us, 1405 3rd Ave NE, Buffalo

LGBTQ RESOURCES:

Gay Straight Alliance (GSA): 763-682-8100-Robinson, Buffalo High School, 877 Bison Blvd Buffalo

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FAMILY SERVICES

FOOD & CLOTHING CENTERS

Annandale: 320-274-FOOD, <http://www.annandalefoodshelf.org/> 620 Elm St E

Buffalo: Food Shelf 763-684-1699, buffalofoodshelf.com, 301 12th Ave S

Buffalo: Wise Penny Thrift Shop: 763-682-4178, thewisepenny.com, 310 Brighton Ave S

Clearwater/Clear Lake: 320-558-2954, http://www.clearwatercity.com/index.asp?SEC=4432FC24-BCB5-474D-94C2-E147C4BB4652&Type=B_BASIC, Lions Park Building off County Road 75

Cokato: 320-286-2662, crossroadscokato.com/cokato-food-shelf.html, 531 Atlantic Ave W

Dassel: 320-275-0124, crossroadscokato.com/cokato-food-shelf.html, 531 Atlantic Ave W

Delano: 763-972-3360, delano.mn.us/community/misc/delano-helping-hands-food-shelf, 140 Elm Ave E

Hanover: 763-498-8311, <http://www.stpaulsinhanover.org/evangelism/food-shelf>, 11024 Church St NE
(St. Paul's Lutheran Church)

Monticello Clothing Center/Food Shelf: 763-295-4031, <http://www.monticellohelpcenter.org/> 215 Cedar St

Rockford: 763-477-6098, <http://www.riverworksonline.org/food-shelf.html>, 8900 Walnut St, 90

Waverly: 763-658-4414, 320-963-6500, <http://www.wccaweb.com/food-shelf>, 411 Elm Ave

LOVE IN THE NAME OF CHRIST (LOVE INC)

Big Woods: Buffalo, Hanover, Maple Lake: 763-682-2550, 763-682-6820 (clearinghouse),

loveinbigwoods.org, 8 ½ Division St, Buffalo

Heartland: Delano, Howard Lake, Rockford, Waverly, Watertown: 763-972-6547, loveinheartland.org/,
318 Railroad Ave, Delano

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FINANCIAL

ENERGY ASSISTANCE:

Public Utilities Commission: puc.state.mn.us

Salvation Army: 800-456-4483, 651-746-3400, <http://salvationarmynorth.org/community/twin-cities-metro/>
2445 Prior Ave N, Roseville

Salvation Army: 888-220-4850, 320-252-4552, usc.salvationarmy.org/usc/www_usc_stcloud.nsf,
400 Hwy 10 S St. Cloud

Wright County Community Action: 320-963-6500, <http://wccaweb.com/energy-assistance>,
130 Division St W, Maple Lake

MEDICATION AND PRESCRIPTIONS:

Minnesota RxConnect: 800-333-2433, <http://www.minnesotahelp.info/public/>

Wright County Community Action: 320-963-6500, wccaweb.com, 130 Division St W, Maple Lake

Minnesota Sure: <http://www.wccaweb.com/mnsure-navigator>

Partnership for Prescription Assistance: 888-477-2699, pparx.org

Pharmaceutical Patient Assistance Programs: rxassist.org

Rx Outreach: rxoutreach.com

Together Rx Access: <http://www.rxoutreach.com/>

The Heart of the Pharmaceutical Industry, <https://www.rxhope.com/>

OTHER INFORMATION AND FINANCIAL RESOURCES:

Bridge to Benefits: 651-227-6121, bridgetobenefits.org

Lutheran Social Services: 320-251-7700, 888-577-2227, lssmn.org

Minnesota Family Investment Plan: 763-717-7700, <http://mn.gov/dhs/people-we-serve/children-and-families/economic-supports/>

Minnesota Housing and Finance Agency: 651-296-7608,

<http://www.mnhousing.gov/wcs/Satellite?c=Page&pagename=External%2FPPage%2FEXTHomeLayout&cid=1358904711497>

The Children's Defense Fund – MN, cdf-mn.org/

Wright County Community Action: 320-963-6500, wccaweb.com, 130 Division St W, Maple Lake

Budgeting assistance: <http://www.wccaweb.com/family-budgeting>

Foreclosure assistance: <http://www.wccaweb.com/foreclosure-prevention-counseling>

Home Buyer assistance: <http://www.wccaweb.com/homebuyer-training>

Home Loan assistance: <http://www.wccaweb.com/home-repair-loans>

Home weatherization: <http://www.wccaweb.com/weatherization>

Tax preparation assistance: <http://www.wccaweb.com/tax-preparation>

Transitional housing: <http://www.wccaweb.com/transitional-housing>

Women, infants, children: <http://www.wccaweb.com/wic>

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HEALTH AND WELLNESS

ADULTS WITH DISABILITIES:

- Tenants Rights and Housing Assistance for the Disabled: <https://www.justgreatlawyers.com/renters-rights-and-housing-assistance-for-people-with-disabilities>
- Managing Your Child's Transition to Adulthood: <http://www.mychildwithoutlimits.org/act/life-planning/managing-your-childs-transition-to-adulthood/>
- Transition to Adulthood: Home Remodeling for Young Adults with Special Needs: <https://www.bigrentz.com/how-to-guides/home-modifications-young-adults-special-needs>
- Special Needs Checklist: How Disability-Friendly is Your City?: <https://www.yourstoragefinder.com/special-needs-checklist-how-disability-friendly-is-your-city>
- The 9 Most Hazardous Chemicals for People With Special Needs: <https://www.airfiltersdelivered.com/hazardous-chemicals>
- Vocational Training for Adults with Special Needs: <https://www.vocationaltraininghq.com/best-vocational-training-programs-disabled/>

AUTISM:

Autism Allies: 612-384-4265, autismallies.org/, 2400 Prairievew Ln, Buffalo

CHEMICAL HEALTH WEBSITES:

Alateen: for children of recovering addicts: al-anon-alateen-msp.org

Alanon: for family and friends of recovery addicts: al-anon-alateen-msp.org

Alcoholics Anonymous: alcoholics-anonymous.org, aaminneapolis.org

Central MN Mental Health Center: cmmhc.org

DEA Street Smart Prevention: justthinktwice.com

Drug Rehab.com: <https://www.drugrehab.com/teens/>

Drug Rehab.com (for parents): <https://www.drugrehab.com/guides/parents/>

Hazelden: hazelden.org

Methamphetamine Education & Drug Awareness Coalition of Wright County (MEADA): 763-682-7713, <http://www.meada.net/>

Minnesota Department of Health: health.state.mn.us

Minnesota Prevention Resource Center: mnprc.org

Minnesota Recovery (provides links to many sites): minnesotarecovery.info/

Minnesota Teen Challenge: 612-FREEDOM (373-3366), www.mntc.org

Mothers Against Methamphetamine: <https://www.facebook.com/pages/MAM-Mothers-Against-Meth/150267668351331>

Narcotics Anonymous: helpline: 877-767-7676, metro: 952-939-3939, naminnesota.org/

National Institute of Drug Abuse: nida.nih.gov/

National Institute on Alcohol Abuse and Alcoholism: <http://www.niaaa.nih.gov/>

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Partnership for a Drug Free Kids: <http://www.drugfree.org/>

Substance Abuse and Mental Health Services Administration (SAMHSA): samhsa.gov/

CHEMICAL HEALTH RECOVERY SCHOOL

Maple Lake Recovery Center:

Maple Lake: (boys 13-18), 320-963-6865, mlrecovery.org, 207 Division St E, Maple Lake

Monticello: Prairie House (girls 13-18), 651-785-5647,

<http://www.mlrecovery.org/prairiehouserecovery.html> 305 Prairie Rd, Monticello

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HEALTH AND WELLNESS continued

CLINICS/HOSPITALS:

Albertville/St. Michael Clinic: 763-684-8300, asmclinic.com/, 11091 Jason Ave. NE, Albertville

Allina Medical Clinic:

Annandale: 320-274-3744, allina.com/ahs/medicalservices.nsf/page/AMC_Annandale, 440 Elm St E

Buffalo: 763-682-5225, allina.com/ahs/medicalservices.nsf/page/AMC_Buffalo, 303 Catlin Street

Cokato: 320-286-2123, allina.com/ahs/medicalservices.nsf/page/AMC_Cokato, 110 Olsen Blvd

St Michael: 763-744-4000, allina.com/ahs/medicalservices.nsf/page/AMC_St_Michael,

4300 Edgewood Dr NE

Buffalo Clinic: 763-682-1313, buffaloclinic.com, 1700 Highway 25 N, Buffalo

Buffalo Hospital: 763-682-1212, buffalohospital.org/ahs/buffalo.nsf, 303 Catlin Street, Buffalo

Dassel Medical Clinic: 320-275-3358, <http://wellness.hutchhealth.com/Brands/510>

460 5th St N, Dassel

Monticello Clinic: 763-295-2921, monticelloclinic.com/, 1001 Hart Boulevard #100, Monticello

CentraCare Health: 763-295-2945, <http://www.centracare.com/locations/monticello/>, 1013 Hart Blvd,

Monticello

Ridgeview Medical Clinic: ridgeviewmedical.org/

Delano: 952-442-7800: <http://www.ridgeviewmedical.org/locations/ridgeview-delano-clinic>

916 St Peter Ave

Howard Lake: 952-442-7805, <http://www.ridgeviewmedical.org/locations/ridgeview-howard-lake-clinic>

900 6th St

Winsted: 952-442-3190, <http://www.ridgeviewmedical.org/locations/ridgeview-winsted-clinic>, 551 4th

St N

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HEALTH AND WELLNESS continued

MENTAL HEALTH CENTERS

Birthright: 763-295-2232, birthright.org, 201 3rd St W, Monticello (pregnancy dilemmas)

Bridging Hope Counseling: 763-291-5505, bridginghopecounseling.com; 311 Brighton Ave #B, Buffalo,

Central MN Mental Health Center: cmmhc.org

Buffalo: 763-682-4400, http://cmmhc.org/?page_id=117, 308 12th Ave S

Monticello: 763-295-4001, http://cmmhc.org/?page_id=115, 407 Washington St

Child & Adolescent Behavioral Health Services: Centra CareHealth Plaza: 320-229-4908,

<http://www.centracare.com/services/behavioral-health/>, 1900 CentraCare Cir, #1000, St. Cloud

Christian Recovery Counseling: 763-566-0088, christianrecoverycenter.org/crc-locations-directions,

8340 Bridge St, Rockford; main office: 8441 Wayzata Blvd #160, Golden Valley, MN 55426

Clara's House: 320-229-4950,

centracare.com/hospitals/sch/services/behavioral/child_adolmh_claras_house.html, 1564 Country Rd

134, St. Cloud, MN 56303

Community Behavioral Health Hospital: 651-259-3850, 400 Annandale Blvd, Annandale

http://www.minnesotahelp.info/Public/details.aspx?qlink=ZgSBZ401M0iF7sM_6-UKnQ ,

Crow River Counseling: 763-682-2011, crowrivercounseling.com/, 1200 Hwy 25 N #108, Buffalo

Family Counseling Center: 763-682-5420, fccmn.com, 102 Marty Drive N, Buffalo, LADC services and

Christian Counselors

Healing Moments Counseling: 763-732-3351, healingmomentscounseling.com,

107 Cedar St, Ste 7, Monticello

Hillside HOPE Thru Hooves: 612-840-5366, hillsidehopethruhooves.com, 14179 55th St NE St. Michael,

Christian Counselors

HIS Healing Heart: 612-840-5366, hillsidehopethruhooves.com, 14179 55th St NE, St. Michael, *Christian*

Counselors

Nystrom & Associates, LTD: 763-746-9492, 16201 90th St NE #200, Otsego,

<https://www.nystromcounseling.com/our-locations/minnesota/elk-riverotsego-clinic>

Options for Women/Cornerstone: 612-584-9449, cornerstoneoptions.org, 204 Central Ave E, St. Michael

Professional Counseling Center: no website

Buffalo: 763-682-2829, no website, 7 Hwy 55

Delano: 763-972-6527, no website, 620 E Babcock Blvd

Rivers of Hope: 763-295-3433, riversofhope.org

Solutions Counseling Services: 763-515-4563, helpwithsolutions.com, 112 Central Ave E #A, St Michael

Twin Cities Behavioral Health: 763-682-0033, no website, 2 Division St E #103, Buffalo

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HEALTH AND WELLNESS continued

Village Ranch, Inc.-Children's Therapeutic Services & Support: 320-286-2922, mawseco.k12.mn.us,
13637 60th St SW, Cokato

MENTAL HEALTH WEBSITES:

Help For Depression: <http://www.helpfordepression.com/>

Mental Health America: mentalhealthamerica.net

Mental Health Association of Minnesota: mentalhealthmn.org

National Alliance on Mental Illness: namihelps.org

Office for Victims of Crime: ojp.usdoj.gov/ovc/about/index.html

Resource Center to Promote Acceptance, Dignity and Social Inclusion:
<http://www.promoteacceptance.samhsa.gov/>

PARENTING EDUCATION:

Family Education Centers of Wright County – Call 763-682-7464 or 763-682-8753

SEXUAL HEALTH WEBSITES:

Resource Center for Adolescent Pregnancy Prevention (ReCAPP): etr.org/recapp

Sexuality Information & Education Council of the US (SIECUS): siecus.org/

TeenWise Minnesota (adolescent pregnancy, prevention and parenting): teenwisemn.org/

STUDENT ACCIDENT INSURANCE AND FAMILY HEALTH INSURANCE

Minnesota Health Care Programs: mn.gov/dhs/partners-and-providers/health-care/

Student Accident Insurance: k12specialmarkets.com

Voluntary Only Coverage: k12specialmarkets.com

VIOLENCE PREVENTION WEBSITES:

Casa de Esperanza: 651-772-1611, casadeesperanza.org (Spanish)

Minnesota Internet Crimes Against Children Task Force:

<https://dps.mn.gov/divisions/bca/bca-divisions/investigations/Pages/internet-crime-against-children.aspx>

Rape, Abuse & Incest National Network: rainn.org/

TEENAGE PREGNANCY / TEENAGE PARENTS:

Teen Age Pregnancy Parenting and Prevention: Wright Technical Center: 763-682-4112,
wtc.k12.mn.us, 1405 3rd Ave NE, Buffalo

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WRIGHT COUNTY PUBLIC HEALTH

- Car Seat Inspections/Car Seat Program: Information: 763-682-7516
- Child & Teen Checkups: <http://mn-wrightcounty.civicplus.com/525/Child-Teen-Checkups>; or call 763-682-8921/1-800- 362-3667 ext. 8921.
- Children' Dental Services: Low cost dental for ages 0-26 call 612-746-1530.
- Family Planning Program: for men and women. Call 763-684-8424.
- Follow Along Program: A good way to learn about your child and follow their health and development. A fun way to get ideas about “what to teach” and “at what age” to teach it. An easy way to find out about other services you may want for your child or family. To make a referral call 763-682-7468.
- Healthy Families America: Family home visiting – parents learn six essential parenting skills to help them become better parents. Parents make toys and do fun activities to help their kids learn, grow and develop. To make a referral call 763-682-7468.
- Nurse Family Partnership Program: For women who are having their first baby. If you enroll, a registered nurse will visit you in your home throughout pregnancy and continue to visit until your baby is 2 years old. To make a referral call 763-682-7468.
- Wellness done Wright Clinic: “Helping kids start healthy & stay healthy” full physical exams for ages birth to 21 years of age who are uninsured, underinsured, or on a Minnesota Health Care Program (MA, MnCare, PMAP) call 763-682-7516.
- Wellness on Wheels Van: Immunizations, health screenings, promote healthy choices through teaching, guidance and support, dental fluoride treatments, distribution site for radon and well water test kits. Call 763-682-7516.
- Wright County Public Health: “Promoting Health and Safety, Preventing Illness and Protecting Our Communities”. 763-682-7456 or 1-800-362-3667, Ext. 7456, www.co.wright.mn.us
Facebook/wrightctypublichealth

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LEGAL

LEGAL AID & ADVOCACY

Central MN Legal Services: 800-622-7773, 320-253-0138, centralsmnlegal.org,

830 St. Germain W #309, St. Cloud

Council on Crime & Justice: 612-353-3024, crimeandjustice.org

Disability Advocates:

Cardon Outreach: 612-332-6773 x2559, outreachservices.com/,

8401 Golden Valley Rd, #300, Golden Valley

Housing Coalition of St. Cloud: 320-259-7676, no website, 777 Lincoln Ave NE, St. Cloud

The Salvation Army: 651-746-3400, thesalarmy.com, 2445 Prior Ave N, Roseville

Human Rights Office: <http://www.humanrights.state.mn.us/>

St. Cloud Office: 320-650-3133, humanrights.state.mn.us/stcloud/index.html, City Hall, 400 2nd St S

My Legal Aid: 888-360-2889, 320-253-0121, <http://mylegalaid.org/about/locations/st.-cloud>, 110 6th Ave S, #200, St Cloud

Neighborhood Justice Center: 651-222-4703, njcinc.org, 500 Laurel Ave, St. Paul

State Ombudsman: 651-757-1800, ombudmhdd.state.mn.us/, 121 7th PI E #420, St. Paul

Tenants Rights and Housing Assistance for the Disabled: <https://www.justgreatlawyers.com/renters-rights-and-housing-assistance-for-people-with-disabilities>

Wright County Law Library: 763-682-7592, <http://www.co.wright.mn.us/197/Law-Library>,

Wright County Courthouse, 10 2nd St NW, #102 Buffalo

MULTICULTURAL RESOURCES

INTERPRETERS/CULTURAL COMPETENCE:

A-Z Friendly Languages: 763-566-4312, no website, 3818 Brookdale Cir N, Brooklyn Park

All in One Translation Agency, LLC: 952-435-0799, allin1translation.com/, 1109 158th St W, Burnsville

Arch Language Network: 651-789-7897, archlanguage.com, 1885 University Ave W #75, St. Paul

Betmar Languages, Inc.: 763-572-9711, betmar.com, 6260 Hwy 65 NE #308, Minneapolis

Garden and Associates: 952-920-6160, gardentranslation.com/, 4301 Hwy 7 #140, St Louis Park

Kim Tong Translation Services: 612-724-5962, kttsmn.com/, 3252 32nd Ave S, Minneapolis

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MILITARY FAMILIES SUPPORT SERVICES

BEYOND THE YELLOW RIBBON COMMUNITIES

Buffalo: 612-669-9664 facebook.com/pages/Beyond-The-Yellow-Ribbon-Buffalo/256581374405666

Delano: 763-972-4433, delano.mn.us/community/misc/beyond-the-yellow-ribbon-campaign

Monticello: 612-618-6885, ci.monticello.mn.us (click "for residents" then "get involved")

LUTHERAN SOCIAL SERVICES: 888-881-8261, lssmn.org/veterans/

VETERANS ADMINISTRATION: 888-LINK VET (546-5838), 651-556-0596, minnesotaveteran.org/

SUPPORT GROUPS

ADHD: 763-682-6036, first Tuesday, Buffalo Community Center, 6:30 pm, for parents and caregivers

Autism (parent support group): 763-295-8436, Monticello

Al-Anon: al-anon-alateen-msp.org

Annandale: Tuesday, United Methodist Church, 8 pm

Buffalo: Monday, Buffalo Evangelical Free Church, 7:30 pm

Thursday, St. John's Lutheran Church, 10 am

Thursday, Buffalo Evangelical Free Church, 7:30 pm

Clearwater: Sunday, Clearwater United Methodist Church, 7 pm

Dassel: Friday, Under the water tower, 7:30 pm

Delano: Monday, Light of Christ Lutheran Church 7 pm

Monticello: Sunday, Alano Club, 7:00 pm

Otsego: Tuesday, Christ Lutheran Church, 10 am

St. Michael: Thursday, St. Michael Catholic Church, 7:00 pm

Waverly: Saturday, New Beginnings, 9:30 am

Winsted: Wednesday, St. John's Lutheran Church, 7:30 pm

Ala-Teen: al-anon-alateen-msp.org

Buffalo: middle and high school contact: 320-274-3380

Delano: middle and high school contact: 952-955-2819

Cancer: 763-658-4887, 2nd & 4th Monday, St. Mary's Catholic Church Parish, Waverly, 7 pm

Central MN Sexual Assault Center: 800-237-5090, cmsac.org/support-groups/

Diabetes:

Buffalo: 763-682-4940, Cub Foods

Cokato: 763-682-4940, The Marketplace

Divorcecare: divorcecare.org/findagroup

DC4Kids (divorcecare for kids): dc4k.org/findagroup

GriefShare: griefshare.org/findagroup

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Multiple Sclerosis: nationalmssociety.org/Resources-Support/Find-Support/Join-a-Local-Support-Group

NAMI Parent Support Group: For families of children with mental health, 763-633-0894, 3rd Thursday, Handke Center, Elk River, 6-8 pm

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YOUTH SERVICES

BIG BROTHERS BIG SISTERS:

Twin Cities: 651-789-2400, bigstwincities.org, 2550 University Ave W #410 N, St. Paul

St. Cloud: 320-253-1616, 888-600-1616, bbbscentralmn.org/pages/Home/ 15 6th Ave N, St Cloud

INTRAMURAL SPORTS:

See Community Education Department for each community

LIBRARIES:

Annandale: 320-274-8448, griver.org/locations-and-hours/great-river-regional-library-annandale,
30 Cedar St, E

Buffalo: 763-682-2753, griver.org/locations-and-hours/great-river-regional-library-buffalo,
18 Lake Blvd NW

Clearwater: 320-558-6001, griver.org/locations-and-hours/great-river-regional-library-clearwater,
740 Clearwater Center

Cokato: 320-286-5760, griver.org/locations-and-hours/great-river-regional-library-cokato,
175 4th St W

Delano: 763-972-3467, griver.org/locations-and-hours/great-river-regional-library-delano,
160 Railroad Ave E

Howard Lake: 320-543-2020, griver.org/locations-and-hours/great-river-regional-library-howard-lake,
617 6th Ave

Maple Lake: 320-963-2009, maplelakelibrary.com, 74 Birch Ave S

Monticello: 763-295-2322, griver.org/locations-and-hours/great-river-regional-library-monticello,
200 6th St W

Rockford: 763-477-4216, griver.org/locations-and-hours/great-river-regional-library-rockford,
8220 Cedar St

St. Michael: 763-497-1998, griver.org/locations-and-hours/great-river-regional-library-st-michael
11800 Town Center Dr NE #100

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YOUTH SERVICES continued

YOUTH ORGANIZATIONS:

Boy Scouts: scouting.org

Annandale: Troop #354, 320-274-2444, 320-274-5772, annandalebsa.org

Boy Scouts of America Central MN Council: 320-251-3930 x116, bsacmc.org/district_gateway.html

Buffalo: Troop #358, 763-684-0510, buffalotroop358.org/

North Star Council Boy Scouts of America: 763-231-7201, adventureiscalling.org/

Buffalo Youth Shooting Sports: 612-210-2155, <http://buffalobbgun.webs.com/>

Camp Courage: 320-963-3121, 866-520-0504,

<http://www.conferenceandretreat.org/locations/campcourage> , 8046 83rd St NW, Maple Lake

Community Theater:

Buffalo Community Theater: 763-898-8227, <http://www.buffalocommunitytheater.org/>

4 Community Theatre: 952-449-8351, 4communitytheatre.org, 705 Old Crystal Bay Rd, Long Lake

FFA: mnffa.org/ [facebook.com/pages/Minnesota-FFA-Association/127929517234579](https://www.facebook.com/pages/Minnesota-FFA-Association/127929517234579)

Girl Scouts: 800-845-0787; girlscoutsvr.org/

Buffalo, Maple Lake, Montrose: sites.google.com/site/girlscoutsbmml/

TimberBay: 763-227-6705, <http://timberbay.org/comm/>

Wright County Teen Court: 763-682-7328, <http://www.co.wright.mn.us/173/Juvenile-Unit> , 10 2nd St NW,
Buffalo

Wright County Extension: 763-682-7394, <http://www3.extension.umn.edu/county/wright> , Wright County
Courthouse, 10 2nd St, NW, Buffalo

4-H: 763-682-7394, <http://www3.extension.umn.edu/county/wright/4-h>

Horse Clubs: wsca.org/pages/club.html#13

Wright County Fair: 763-972-2880, <http://www.wrightcountyfair.org/>

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HELPFUL RESOURCES: WEBSITES

GENERAL PREVENTION:

Center for Disease Control: Flu: cdc.gov/h1n1flu/

Department of Human Services: dhs.state.mn.us

Focus on the Family: family.org

Parents Know (warmline): non-medical, non-crisis resource line: 612-863-6336,

<http://www.parentsknow.state.mn.us/parentsknow/NonNavPages/Helpline/index.html>

Pacers Program (Champions for Children with Disabilities): pacer.org

USDA's My Plate: choosemyplate.gov/

Wright County Department of Public Health, <http://www.co.wright.mn.us/298/Public-Health>

COMMUNITY BUILDING/HEALTHY YOUTH DEVELOPMENT:

Konopka Institute for Best Practices in Adolescent Health:

<http://www.peds.umn.edu/dogpah/programs-centers/konopka/>

Search Institute: search-institute.org

HOUSING:

Housing Link: Housinglink.org

MN Homeownership Center: hocmn.org

HUD: hud.gov/apps/section8/index.cfm

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