

# TEXTING & SEXTING.

Texting can be fun. It's quick and easy.  
It can cause trouble though.

**Watch out for red flags and  
learn how to stay safe.**



WRIGHT COUNTY  
**FAMILY  
PLANNING**

## TOO MUCH...

Cute texts throughout the day can be thoughtful. Constant texting to track your location and who you are with can be a sign of abuse. Remember, a bit of space is healthy in a relationship.

## SEXTING...

Even if you completely trust your partner, there is no guarantee that a picture won't end up in front of someone else. Consider playing it safe and making it a personal rule to never accept or send photos. You never have to do anything that you are not comfortable with.

## THREATS...

Threats via text should be taken seriously. Keep track of threatening texts and talk to a trusted adult.

## READING MESSAGES...

Healthy relationships are built on trust. If your partner asks to read your texts or reads them behind your back, that could be a warning sign of an unhealthy relationship. You have the right to privacy.