

# Child and Teen Checkups

C&TC screenings are a benefit to children under the age of 21 who are enrolled in Medical Assistance or Minnesota Care. These checkups are important to your child's health. They can help your child grow to his or her full healthy potential!

## Children should receive these important checkups at the following ages:

○ 0-1 months	○ 18 months	○ 7 years	○ 14 years
○ 2 months	○ 24 months	○ 8 years	○ 15 years
○ 4 months	○ 30 months	○ 9 years	○ 16 years
○ 6 months	○ 3 years	○ 10 years	○ 17 years
○ 9 months	○ 4 years	○ 11 years	○ 18 years
○ 12 months	○ 5 years	○ 12 years	○ 19 years
○ 15 months	○ 6 years	○ 13 years	○ 20 years

## Child & Teen Checkups include:

- ✓ A physical exam
- ✓ Health history
- ✓ Physical growth & measurements
- ✓ Hearing & vision checks
- ✓ Guidance & health education for good physical and mental health
- ✓ Immunizations & laboratory tests including hemoglobin and cholesterol
- ✓ Blood lead test at ages 12 & 24 months
- ✓ Development and behavior checks
- ✓ Dental referral
- ✓ Referral to a specialist when needed

If you need help finding a doctor, or have questions, Child and Teen Checkups staff can be reached at:

**Call: 763-682-8921 or Email: [Childandteencheckups@co.wright.mn.us](mailto:Childandteencheckups@co.wright.mn.us)**

Or, call your health plan ~ phone number is located on the back of your health plan ID card.

Transportation and Interpreter services are included through your health plan at no cost.

## Children enrolled on a State Health Insurance plan may be eligible for the following incentives:

### Health Partners Care

- ❖ Get two \$25 gift cards for participating in the Healthy Pregnancy Program
- ❖ \$25 Gift card for seeing a doctor 3-8 weeks after your baby is born. You can go to your clinic or have a public health nurse visit at your home. Please call to schedule a Public Health Nurse visit
- ❖ \$75 in gift cards for six well child visits during the first 15 months of life
- ❖ \$25 Gift card for 11 & 12 year olds when they get their meningococcal, HPV and Tdap immunizations
- ❖ \$75 Gift card for completing three calls with health coach. Call 952-883-7800
- ❖ \$25 Gift card for participating in the Asthma Management Program ages 5-64
- ❖ \$15 Gift card for preventive dental visit ages 1-9, one per child per lifetime
- ❖ Save \$20 on your health club membership when you work out 12 or more days each month
- ❖ **FREE Car seat program 952-967-7998**
- ❖ [www.healthpartners.com/hp/insurance/mn-public-programs/health-incentives/index.html](http://www.healthpartners.com/hp/insurance/mn-public-programs/health-incentives/index.html)

### Blue Plus- Effective Jan. 1<sup>st</sup> 2019

- ❖ \$50 Gift card for 6 well child visits before turning 2 years of age
- ❖ \$25 Gift card for childhood immunization required by the age of 2 years
- ❖ \$25 Gift card for annual dental visit 2-20 years
- ❖ \$25 Gift card annual well child visits 3-17 years
- ❖ \$25 Gift card for Tdap, Meningococcal and HPV vaccines on or before their 13<sup>th</sup> birthday
- ❖ \$75 Gift card for prenatal visit in first 90 days of pregnancy or 42 days of membership if pregnant at time of enrollment
- ❖ \$75 Gift card for post-delivery visit within 21-56 days
- ❖ **FREE Car seat program 651-662-5050**
- ❖ <https://www.bluecrossmn.com/healthy/public/personal/home/shopplans/shop-mn-health-care-programs/shop-reward-card-program/reward-program-from-blue-plus>

### UCare

- ❖ \$75 Gift card for prenatal visit in first 3 months of pregnancy or 42 days of enrollment
- ❖ \$75 Gift card for post-delivery visit 3-8 weeks after giving birth
- ❖ \$50 Gift card for 6 well child visits during the first 15 months of life
- ❖ \$25 Gift card for well child visit 3-6 years
- ❖ \$25 Gift card for well child visit 12-21 years
- ❖ \$25 Gift card for dental visit
- ❖ \$25 Gift card for pregnant women and during baby's first year of life who are smoking and complete phone counseling session
- ❖ **FREE Ready, Get, Fit! Kit 612-676-3200**
- ❖ **FREE Car Seat Program 612-676-3200**
- ❖ <https://www.ucare.org/HealthWellness/Pages/RewardsandIncentives.aspx>

# When Do Children and Teens Need Vaccinations?

Age	HepB Hepatitis B	DTaP/Tdap Diphtheria, tetanus, pertussis (whooping cough)	Hib <i>Haemophilus influenzae</i> type b	IPV Polio	PCV13 Pneumococcal conjugate	RV Rotavirus	MMR Measles, mumps, rubella	Varicella Chickenpox	HepA Hepatitis A	HPV Human papillomavirus	Men-ACWY	MenB	Influenza Flu
											Meningococcal		
at Birth (within 24 hours of birth)	✓												
2 months	✓	✓	✓	✓	✓	✓							
4 months	✓ <sup>1</sup>	✓	✓	✓	✓	✓							
6 months	✓ (6-18 mos)	✓	✓ <sup>1</sup>	✓ (6-18 mos)	✓	✓ <sup>1</sup>							✓ (6 mos and older)
12 months			✓ (12-15 mos)		✓ (12-15 mos)		✓ (12-15 mos)	✓ (12-15 mos)	✓✓ (2 doses given 6 mos apart at age 12-23 mos)				
15 months		✓ <sup>2</sup> (15-18 mos)											
18 months													
19-23 months													
4-6 years		✓		✓			✓	✓					Influenza vaccine is recommended every year for every-one age 6 months and older.
7-10 years													
11-12 years		✓ (Tdap)								✓✓ <sup>3</sup>	✓		
13-15 years													
16-18 years											✓	✓✓ <sup>4,5</sup>	

One dose each fall or winter to all people ages 6 mos and older. Some children younger than age 9 years need 2 doses; ask your child's health-care provider if your child needs more than 1 dose.

**FOOTNOTES**  
 1 Your child may not need this dose depending on the brand of vaccine that your healthcare provider uses.  
 2 This dose of DTaP may be given as early as age 12 months if it has been 6 months since the previous dose.  
 3 Children with certain medical conditions will need a third dose.  
 4 This vaccine may be given to healthy teens. It is also recommended for adolescents with certain health conditions.  
 5 Your teen may need an additional dose depending on your healthcare provider's recommendation.