



Minutes

Mental Health Advisory Council

Tuesday, March 09, 2021, 2:30, Zoom

Attendees:

Members:

Cathy Elfstrand*

Stephanie Kantola*

Stephanie Barnes*

Tina Sklors*

Rodney Wurm*

Carl Harju*

Eric Nagel*

Mary Sodergren*

Kristy Potter*

Jim Becker*

Mona Trebesch*

Commissioner Mark Daleiden*

Sandra Greninger*

Tammi Dahlman*

*=MHAC Member

HHS Staff Attendees: Diane Erkens, Chad Miller, Michelle Miller

Other Attendees: Krissy Eich, Bethany Oberg, Tom Feddema, Teresa McNamee, Molly Hayen, Jennifer Jiang, Stacy Doyle, Dana Seelen, Leon Flack

1. Welcome and Introductions
2. Approval of the Agenda (any additions)
 - a. Mark 1st, Tammi 2nd, motion carries
3. Approval of the MHAC Minutes from 01/12/2021
 - a. Tammi 1st, Cathy 2nd, motion carries
4. Sub-committee Reports
 - a. Wright Mental Health (WMH) – Pat B.
 - 3 poster templates (school, older adults, farmers) were put together and updated by Sheila and Stephanie. \$1079 in the budget to print posters per Pat.
 - Carl made the motion to print 100 of each, 300 total for distribution. Mark 2nd, motion carries. Sheila uploaded posters to local printer. Diane to handle printing and bill to Pat at city for use of the grant funding.
 - b. MAPP (Mobilizing for Action Through Planning and Partnership) Updates – Sarah G.
 - Not present, no update received.
 - c. Public Health, Suicide Prevention Grand Award Update(s) – Jacob Anson
 - Not present, no update received.
5. Unmet Needs and Possible Solutions Discussion
 - a. Continue all needs from 2020 on the unmet needs list in order to continue working towards solutions for discussion. Updates were made to the list for 2021-22.
6. Action Items
 - a. Add to future agenda – 4 county MH urgent care presentation.
 - b. Come up with action items for 2021-22 meeting accomplishments – all members bring to next meeting.

- Help support school systems and getting kids back to school, finding ways to connect and educate with these kids and their own mental health.

7. Information Sharing/Other

- CAMHI – upcoming trainings will be held online. See the website for more information www.mnmentalhealth.org click on Calendar and flyers will be posted for each date. Sign up to receive future emails by scrolling to the bottom of the home page and under Get Connected, enter your email address.
- Rivers of Hope – training for program partners held in February regarding the Duluth model in Domestic Violence. Bringing together a community collaboration around DV. Involved in the Buffalo Strong response in the community. Discussing long term efforts regarding mental health supports in the community.
- Ucare – created an access line for members to assist with securing appointments in MH and substance use. Person can assist them in scheduling and ensure follow up to ensure the member attended the appointment. Created a care management team for members who contracted COVID and connect them to resources to facilitate support.
- Central MN Mental Health Center – Medicare and MNHCP (MA and PMAP) are now able to see non-Medicare providers (this has not been the case in the past). Also offers sliding fee scales for mental health services.
- Family Youth Community Connections – beds for kids available for families, child between the ages of 2-17 will receive a bed, frame, bedding, book, and stuffed animal to any child in Wright County without a bed. 763-496-6820 ext. 160 for Sandy
- Dental Clinic – located in the new Wright County Government Center, hoping for end 1st Quarter 2022 opening, Medicare and MA/PMAP insurance clients for regional area.
- Nystrom & Associates – opened a few new clinics and have some slated for the next year. Services include case management, psychiatry, in-home therapy, ARMHS, etc.
- Wright County – new Government Center building should be ready for move in at the end of 4th quarter 2021, Justice Center is open. Health & Human Services have adjusted to be virtual or in person as needed for the client during the peace time emergency. MACSSA is working to extend these options past the peacetime emergency with DHS.
- WCCA – initiative for volunteer driver coalition, contact Eric for more information. Volunteer tax program is in full swing, contact Mandy 763-898-0050 ext. 244 for more information. Mandy is also the MnSure Navigator. Eric to send out a flyer with this information.
- Maple Manor – has a resident in need with apartment cleaning assistance, possible hoarder situation – ideas were to contact Public Health or Love INC.

Motion to adjourn – Tammi, Sandy 2nd, motion carries.